**INDIVIDUAL INTERVIEW 15**

**WITH P20 & P14**

**19th August 2021**

Audio File Name: S8 - IDoService project - Interview

Cannot decipher = (unclear + time code)

Sounds like = [s.l + time code]

**INTERVIEWER 1: = Interviewer (Interviewer in bold)**

P20: = Participant - PwD

P14: = Secondary Participant - Carer

**INTERVIEWER 1: And it’s just your participation it’s very voluntary, so if you say, “No, I don’t want to be part of that” or “I want to stop now,” it’s okay, it’s not a problem. So, yes, I have to record that because I have to focus on what you will say, so, I’m not able to write things at the same time. So, I will have a professional service doing the transcription and after that it will be anonymised, so you will have new names, I don’t know, so, everything will be anonymised.**

P20: It’s like being anonymous.

**INTERVIEWER 1: Yes.**

P20: Yes.

**INTERVIEWER 1: So yes, so is it okay for you to take part in this chat, yes?**

P20: Yes.

**INTERVIEWER 1: Perfect, thanks for that. So, so I have some questions but it’s really an open discussion, so please don’t hesitate to bring new topics or new ideas or things like that, but I’m interested in your meaningful activities. So, it's kind of physical, social, leisure activities that are important for you and you like to do.**

P20: The thing I have noticed, I don’t really used to, but I had a lot of … when after I had my [MEDICAL DIAGNOSIS], I had a lot of lumps of my life which I didn’t remember, and I had a lot come back that I had forgotten about, but the thing that is deteriorating is short term memory.

**INTERVIEWER 1: Yes. Okay.**

P20: Is that normal or is that…?

**INTERVIEWER 1: Yes, it can arrive.**

P20: I used to be able to … I find it most frustrating actually now because it was short term memory is quite important, if you do something you forget how you do it, whereas with long term stuff you can leave that in the background, but I have noticed that’s happened.

**INTERVIEWER 1: Right, so, yes, for example your knowledge from 20 years ago and things like that?**

P20: Yes. I remember the … last night in fact, I had a dream, and it was about a young lad that I worked in [AN AREA], I had a haulage company there and on [A STREET], and there was a little lad lived across the road from where the business was, and I don’t know why but I had forgotten all about him, and he was about seven-years-old and he used to … because we had lorries and things, he would come over to the office and be in the office. I used to let him come in and he would be chatting, “How did you…? Where are you going with that?” And read the map on the wall seeing where the lorries were going, and he got very keen on coming.

I also, I had a business below the offices which was an old garage, and it was making fencing, and he would come in there and I had to tell him, “You have to stay there.” He was very … he would come, and he behaved himself. The lads who worked there were busy, would be saying, “You stay there.” They had nail guns and things and you could only say when it was dinner and lunch and anyhow, he got knocked down and killed when he was about eleven, and I absolutely had forgotten all about that. I remember his name, but I don’t what his second name was, but [BOYS NAME], he was called, but he was about eight when he got killed. A van hit him, he walked in between two cars and it knocked him down, yes, and I just I had no memory about that until it came back as a dream.

**INTERVIEWER 1: Yes, sometime in your dreams things are coming back but, so do you think these things have an impact on your activities, so, for example, can you just say to me what are your typical activities during the week, what do you like to do?**

P20: I quite like going walking. I’ve not been doing as much as I did because of COVID but I’m starting to do it again now. I’m not as fit as I was as far as walking is concerned but I’m getting better with doing practice walks.

**INTERVIEWER 1: Are you walking every day?**

P20: Yes, if it’s not raining, you know, I’m walking every day, yes.

**INTERVIEWER 1: Yes. Oh, it’s raining quite a lot in Manchester [laugh] but yes.**

P20: Where I live there’s some nice walks. You can … I’ve got fields at the back of the house and afield at the front, but you couldn’t … there’s walkways as well, and they’ve sort of … I walk with … [MY FAMILY MEMBERS], and so we walked round the back and my [FAMILY MEMBER], said, “Oh, they’ve tidied it up a lot, you used to get muddy going but now you don’t.”

They’ve sort of tarmacked part of it and partly, it’s like the walkway that goes to [A LOCAL AREA], but it’s quite nice where I live. There is an old slag heap at the back which was, when I moved in 30 years ago, was just a rough area and they had got rid of the hump, they took the top off it and then they landscaped it all and put paths in and put trees on, about 30 years ago, and now it’s like a woodland.

**INTERVIEWER 1: Yes, so it’s a good motivation to go outside and have a walk?**

P20: Yes, I could walk … you can walk all the way up to [A LOCAL AREA] which is a good hour’s walk and you’re off the road and you can walk over the motorway there’s a footbridge, and go up to the lodge there, I forget. I don’t get lost there. I look at the A to Z before I go but, so I like walking, it’s a break.

**INTERVIEWER 1: Okay, walking is a good activity for you and which kind of other activities do you have during the week?**

P20: I watch telly quite a lot, but I try and watch Olympics at the moment it’s all you can do, but I like the news, I like listening to programmes like that. I like listening to … I don’t like listening to soaps and things, and I pick what tele I want which is usually things … I like educational anyway. I enjoy programmes like that and about … I had forgotten where … what area. I look at maps and I had forgotten where every area was comparing to … like I used to be able to … I used to drive a lorry at one point and so you would go along the country, and I could go, not without a map but just look at where Glasgow was. I knew where the … and then wherever it was around Glasgow, I would just have to look at that bit on the map. I could do all the rest it was in my head, wherever I went, whether it was Derby or Lincoln or the docks, I used to go Tilbury.

**INTERVIEWER 1: Have you travelled a lot in the past, in the UK or…?**

P20: I’ve travelled, yes, I’ve travelled. I had a lot of … when I was 17, I went by car, I drove, I had just got my license and we went to … four of us, my wife to be and another couple. We didn’t get very far, a friend of mine I went to school with, the four of us went in the car that I brought, and we went to Spain and Italy.

**INTERVIEWER 1: Okay, by car?**

P20: Yes, and so I did that, and I’ve had several holidays in Europe driving, I could drive once, I don’t think I’ll ever drive again but there you go, but I’ve done a lot of touring in this country. I used to, every year I used … when I had children, we would go to different places, and so I’ve travelled quite a lot really, but not … I’ve never flown on a plane.

**INTERVIEWER 1: Okay.**

P20: I’ve flown in a car.

**INTERVIEWER 1: Yes, and are you still travelling, I don’t know, visiting family in other parts of the UK?**

P20: Well no, not now.

**INTERVIEWER 1: You are not interested in or it’s more complicated, more difficult?**

P20: In…?

**INTERVIEWER 1: It’s because you prefer to stay in your house, in your place or…?**

P20: Oh, I don’t have much choice, I’ve got two daughters, one lives in Bolton and the other one lives locally, but I don’t see either of them, well, I saw both of them yesterday because it was [AN OCCASION]. They picked me up and we all went together.

But it’s only, well, since COVID I haven’t seen my elder daughter because she works at the moment and my younger daughter, I hadn’t seen her since Christmas. So, I’m basically living on my own really which I don’t expect anything else in its place, I know I am disabled to a degree, but I don’t expect either of my daughters to not waste their time but move their lifestyle for me.

**INTERVIEWER 1: Yes, indeed, and so you are joining this group on Wednesday, is that?**

P20: Yes.

**INTERVIEWER 1: All Wednesday, every Wednesday, sorry?**

P20: Wednesday and I do the one on Thursday at (unclear 00:12:31).

**INTERVIEWER 1: The project that I’ve mentioned, okay, so [ANOTHER PARTICIPANT] is doing it on Zoom and then [P20] coming to face to face?**

P20: I find, well as I was saying, well, I’ve been going about three weeks because it’s for dementia I was a bit upset about it, because I knew I had had a [DISCLOSES MEDICAL DIAGNOSES AND INFORMATION]

**INTERVIEWER 1: Oh, that’s great but it’s very impressive on what you have done.**

P20: I was very lucky, I think it could have gone the other way, but it did … I’m a lot better. I’m a long way off normal, I know that, but I get better slowly over time. I don’t think I’ll ever be what you would call, “normal,” but I have difficulty doing things that are simple. I think the difficulty is things change so much as well, as when I had [A MEDICAL DIAGNOSIS]. I mean, I was working until I was 71 when I had [A MEDICAL DIAGNOSIS], and I was running my own business, and my wife died [ PREVIOUSLY].

So, I had two people working for me in the offices. I had got my [FAMILY MEMBER], and another lady who did all the payments and cheques, and I was subletting … I was turning over two and a half million a year, turnover, and I was making quite a lot of money, and even that changed. I was working mainly for [ENGINEERING INDUSTRY] and over five years … it was when the thing with Cameron, the Green whatever it is, thing, that was going on. I was working for a place in [MANCHESTER] called [COMPANY NAME], who made [PARTS] and that sort of thing, and they made them for all [MACHINES] in this country.

They used to send [PARTS] to India, all over the world and it used to go on either from [DOCKS] and I had about 18 lorries and they were all carrying [PARTS]. Then there was [ANOTHER COMPANY], which had been going for years and I did a bit of work for them, and I worked for [A THIRD COMPANY], which was a brand-new company which opened about three years before –

**INTERVIEWER 1: So, yes, it was really a big change I would say before and after your [MEDICAL DIAGNOSIS]?**

P20: A massive change. I had to change from … all I carried was [LARGE PARTS] and I had about 17 lorries then, artic, and I was carrying [LARGE PARTS] from Sheffield, from [ONE COMPANY]. [THIS COMPANY] closed and [OTHERS ALSO] closed, all at the same time and so then I changed to working for [A DIFFERENT INDUSTRY].

**INTERVIEWER 1: Yes, so of course just after your [MEDICAL DIAGNOSIS] you had a lot of physiotherapy and these kinds of things. So, do you still have some physiotherapy sessions or, I don’t know, physical exercises or fitness to do, or things like that?**

P20: I try and keep … I do press ups on the stair, and I’ve done curls on the bottom of the bed and things like that, to try and stay a bit fit and I walk.

**INTERVIEWER 1: How have you been in contact with this group, how was the first time?**

P20: When I came from hospital, I had the [MEDICAL DIAGNOSIS] Association, [FEMALE 1], I think her name was she was very good to me. She came for about three or four months after I came out of hospital, and she used to come like three times a week and the house I’ve got, has an extension at the back. I was going to have new windows put in and a new … it’s a flat roof and divide it in two offices and it’s the end room, a big room we’ve got as well. So, it extended the house about ten foot at the back and whilst I had been in hospital the roof wasn’t leaking actually, but it started leaking.

The windows were buggered and when I got back out of hospital, I thought, ‘Well, I’ll have to do that.’ I mean the offices weren’t being used. There’s two offices and a bathroom, and a back hallway, and it was all damp and so I had some money in the bank. She organised for … she said, “You’ll have to, if you live in this house and the boiler as well, the gas boiler was crazy, it was costing me a fortune, it had been doing for a long time, it was outside and it was never switching off. So, she saw my gas bills and said, “You’ll have to have a new boiler as well.” So, I had a new boiler. I had all new windows put on there. A new roof put on the extension, the rendering work outside and it’s still sound, and it’s costing me half of what it was before, the gas.

**INTERVIEWER 1: Yes so, this lady, she also helped you with activities or been contact with some service provider?**

P20: She fetched me here actually, yes, as she was finishing, she said, “I can only come for so long.” So, she fetched me here, that’s how I got to come to the (unclear 00:23:03) and things.

**INTERVIEWER 1: Yes, and you were very motivated, or maybe you know sometimes we can be afraid or not afraid but it’s quite good?**

P20: I enjoy coming here, it’s company and it’s just seeing people, and I enjoy the sort of … I mean it gets a bit, it’s not alone is the right word, but I mean, it’s nice to see other people.

**INTERVIEWER 1: Yes, I can totally relate to that, I’m living on my own and I was working from home all the time and now just going at the university, even if it’s empty, I’m just happy to have people around me so, yes. So, you’re coming here on Wednesday and Thursday?**

P20: Yes, and hopefully tomorrow.

**INTERVIEWER 1: Yes, and do you have other activities outside with groups or friends?**

P20: No, I used to do my own shopping, but I don’t do that now, I have Amazon because of COVID. My daughter started me with Amazon, she just does a … basically all the food and things I need, and Amazon brings like I can just see everybody then, but I think like everybody it’s been harder. I think that I’ve probably seen … I wouldn’t see much more of my younger daughter because she’s really … she wanted to put me … when I was leaving hospital, I didn’t know this was going on but she … [FEMALE 1] told me actually, oh it wasn’t her, no, it was a nurse that came to see me.

Her name was [FEMALE 2] the same as my [FAMILY MEMBER 1], and she said to me, “If it hadn’t of been for your [FAMILY MEMBER 1], my namesake,” she said, I think she said it was the same name as my [FAMILY MEMBER 1], she said, “When we voted to what should happen to you, when you left the hospital, there was only [FAMILY MEMBER 1] that stood up for you and said that you would be able to look after yourself in your own home,” and she said, “Your [FAMILY MEMBER 2] wanted you to go into [A SPECIFIC] old people’s home, and she voted for that, but because of [FAMILY MEMBER 1] you got to come home,” which I was a bit upset about that because I’ve been at home four years now and I’ve managed.

It’s not been easy, but I don’t think it would have been easy in an old people’s home because I don’t think I would have liked it, but I don’t know whether I would or not, but I don’t think I would. I would have felt a failure and I might be dead because there’s a lot of people in old people’s homes have died of COVID, haven’t they? I mean they didn’t have COVID then so it might have saved my life, for what it is. But I enjoy my life in a way, but I feel limited, and I think the main thing is I would be limited anyhow. Travelling is difficult, I’m not hard up, I can … I’ve got quite a big … because I didn’t retire until I was [IN MY 70s] when I had my [MEDICAL DIAGNOSIS], I could have got my pension at 65 and I accrued the pension I had, which was quite a big one because I had big wages, biggish wages, and so now with accruing it, I have quite a big pension, and I can live quite easy, and I can save, with the way I live at the moment, I can save over £1000 a month.

So, I’m quite comfortable in a way, but I suppose lucky in a way, but I don’t think if I had had a [MEDICAL DIAGNOSIS], I probably would have had something, but I was working very long hours. I think when my wife died, it was [A NUMBER OF] years back and the haulage changed into working for [ANOTHER INDUSTRY] which was a 24-hour job, and what I didn’t do right was to get people working 24 hours, and I lived a life for about eight years when I had my daughter and I had two people working for me in the office and so on, but all they did was the account side of it and I used to have two mobile phones in my pocket and at the side of the bed, and people were ringing me 24 hours a day.

[THAT BUSINESS] became a complete 24-hour business, and they had what they called a “24 line,” and if a driver rang you up, you would get a set rate, and then wherever they were in Glasgow or –

**INTERVIEWER 1: Yes, and picking up on a mobile phone, are you having a tablet or a computer at home?**

P20: No.

**INTERVIEWER 1: Are you in digital things?**

P20: No. I miss that very much and I’ve tried, I did a course on computers. I didn’t get very much out of it but hopefully the course used my brain, but I used to use a laptop all the time, but I just can’t, I’ve forgotten how.

**INTERVIEWER 1: So during the lockdown it was no online activities for you, it was not an option or …?**

*P14: Yes, if I can just say, like, we’ve tried because what we were doing during the lockdown with some of them, most of the clients were welfare calls. So, [P20] was one of the person I was calling on a regular basis, sometimes twice a week, and what we were doing, we were trying hard to go to get [P20] on Zoom, because then we started the programme with online activities, and I thought that would be very beneficial for [P20] and we were really trying hard to the point where because [P20] has an iPhone as well, so what I was doing, I was calling [P20] on WhatsApp, so [P20] can show me his screen, so I can actually go and instruct him how to install and open the Zoom.*

*After a few weeks we had one successful connection on Zoom, but then we both agreed that it’s too stressful for him when it’s too difficult for me to use, all the computers were gone and just it was a little bit too much, but we gave it a good try and I think [P20] was very determined to do it. But, you know, the benefits will be lesser than the stress that the whole process was causing, but we had a … if I can just say about coming back to your previous question about [P20]’s travelling. We were talking about it for quite a long time, there was a positive … I mean from my side it was a very positive topic to have a conversation, because [P20] was sharing with me the ideas that he would love to go for like a long trip, like, walking to the coast and Anglesey or to Scotland, and he was saying that it is shame he can’t drive anymore, and he will need someone to maybe help him to make this dream come true.*

*I remember I felt like, especially during the lockdown when this wasn’t possible at all and I couldn’t tell him like, “Oh, don’t worry about it, it’s going to be possible in half a year and I’m going to help you with that,” because even though I would love to, because I work for Age UK, and I wouldn’t be able to organise it for [P20]. I could help, this gave me some idea like maybe that’s a lack in activities. [P20] is an example of someone who would love to do like something like that, but on his way not … I remember I was asking you if you want to go for like an organised trip, and you were like, “No, it’s not exactly what I’m looking for,” which is on your own your own way, but would have some company that will help realise that plan. Am I right, [P20]?*

P20: Yes, you are. I would like somebody … obviously I won’t be able to drive, it’s not obviously but I don’t, I think it’s very unlikely that I will be able to drive. So, I’ve given that up but, as I say, I can save over £1000 a month from my pension with what I do now, and with that sort of money I could spend 200 odd quid a week more than I’m spending now and still classed as being alright and I’ve got [MONEY] in the bank that I’ve accrued since I came out of hospital. Because I had some money in the bank which went on all the extension and the renovations to the back of the house, and the gas boiler and all of that, about [MONEY].

Most of my money was in the company, which has rounded up and I would like to, but this is a dream really, but I would like to get something like a car with it and I’ve got two cars. I’ve got a Jaguar, which I had, the like of which I can get a towbar and that, maybe or maybe get something else and I would like to try and do most of the coast.

I’m not saying Great Britain, but you just start wherever you can and go from there, and maybe do Wales and then down the coast round England, and Cornwall and Devon and Norfolk, and all around. I think it would do … because I travelled so much with driving lorries and also travelling, I would like to walk. I would like to combine it with walking, saying, doing ten miles a day or however many, if we could do 15 miles a day that would be great.

I think it would do me good, I think it would be a great thing to do and it would bring a lot of the memories back to me which it would stimulate me, I think. It wouldn’t do me any harm; I would get fitter with walking and mentally it would help me. The remembering things that … where I’ve been before and, as I say, it’s one thing looking at a map, but it gets a bit boring.

**INTERVIEWER 1: Yes. So, it will be a motivation for you, for your activities, one of your motivation is staying fit and the other ones may be to remind things or old memories, these kinds of things.**

P20: I think they can work together, my short-term memory, which as I was saying seems to be deteriorating, I think has happened after I stopped exercising. When I came out of hospital, and I’ve got a road up the front of the house, it’s a track like, and it’s about 100 yards long. I started off, I walked half way down I only and I then walked, I thought, ‘Why have you only walked to the lane.’ And then I thought, it’s just a Tuesday and I wrote it all the way down and I thought I’ve done that. So, I took the bins down and so I went and did it twice and then I started walking and I used to walk every day it did improve my short-term memory, I think. So, I think it would be a good thing to do.

**INTERVIEWER 1: So yes, it seems money is not a problem for you, in access to activities and having access to activities, but money, it’s okay if we have enough money but yes, transport is more difficult.**

P20: Yes, it’s not a dream because I could afford it, so it could happen, and I would like it to happen.

*P14: Sorry to interrupt, but because okay, the money is not a problem so you have the money and you could, just like on the market you can find organised trips but that’s not something you’re looking for? You are more willing to just do it on your own, your own way, in your own parts so no one is telling you. “Okay, today we’re going to do this, this, this and that.” So, what you need is actually someone who can be company for you, drive you, you may be happy to pay for it, even, so this person, right, but I’m just thinking there’s no … I mean, I could do it as someone, we could have a nice time together.*

*I wouldn’t be able to do it because I’m working for Age UK, so that wouldn’t be right, but you know I mean like you would need to find someone who you will have some kind of relationship with, one way or another, find someone who will do it as a professional, but I’m just trying to tell you that I don’t think that something like that exists. So, that’s the whole thing and that maybe some idea for [INTERVIEWER 1], for the research to see that, well, maybe there’s more people in your position who would like to do their holidays or make their dream come true, on the way, but they don’t have the right person or organisation that will support that, so that’s the thing. That’s what my impression basically from our conversations but you see, you have a car, you have money, and so you have capacity to do it, but you need some support, right, you wouldn’t be able to do it on your own.*

P20: Yes.

*P14: Yes, so that’s the thing and you realise that, but then there’s no … at the moment will you know where to go, where to go and who to talk to, to actually realise that dream, do you have any idea who that could be?*

P20: It’s also more than … all from being 17 I started my first business; I was lucky that my [FAMILY HAD A LOGISTICS BUSINESS], I didn’t go into their business, they had a … I shouldn’t say it, it was easy because they had [A LARGE SPACE] and I built a workshop there and I went to a … there was a hall in Manchester, I think it was, and they used to have exhibitions there. I went to one, and I saw this thing where wrought iron was popular, it was fashionable and they were making scrolls for making coffee tables and things like that, flower troughs and wrought iron gates, you would get different sizes of scroll makers and guillotines, and I thought, ‘That looks a good idea,’ and I made this workshop.

This was at 17 I did O’ Levels at [COLLEGE], pure maths applied but I don’t know what happened but I wanted to be a civil engineer, and physics, the easy option [laugh], and anyhow, I failed, but I went to a secondary school and like I was born [IN THE 1940s], which you just has all … and it was like they were short of the teachers and they built this hall and junior school went there, the primary school, it was [LOCAL], and like the year above me there was [THREE CLASSES], and in my year [THERE WERE 6 CLASSES] and there was no teachers and there was some of the teachers that were essentially at home, and because there was 50 people in the class and things like that and, but I did quite well at school.

I was in the [CLASS] to start with and then I went to see the headmaster and I said, “I would like” … I was doing secondary school certificates, but I couldn’t do them in the [CLASS] I was in. So I set out to do a [QUALIFICATION] as it was called and, “Could I do them?” He said, “You’ve not done the work but if you are willing to do the … I’ll get the teachers to do it, set the work, and if you do it you can take the exams.”

**INTERVIEWER 1: Yes, so, you were very successful at school.**

P20: Yes, and I had [FAMILY MEMBER] who was ten years older than me, [MALE 1], but he was a history teacher. Well, that was nothing to do with it really but, what he said, he had got me do secondary school certificates, so I got 13 secondary school certificates.

**INTERVIEWER 1: So yes, you were going to school, successful, and in your job too so yes, maybe now it’s you are maybe a little bit frustrated because it’s more difficult for you to do what you would like to do?**

P20: And then I did GCEs, at the same school with this headmaster, and he said, “Well, if you do the same as you did with your secondary school certificates, you should be able to do your GCE,” and he set me work and I got seven GCEs, pass in O’ Levels, seven, and he was doing A’ Levels as well. The year I did GCEs, he did, he was doing A’ Levels and his name was [NAME], and he was a brilliant headmaster, and he got two lads who were a year older than me, who did A' Levels, and one got to Cambridge, and one got to Oxford.

There was then [TWO OTHER COLLEGES], and they said that secondary … they argued that if people wanted to do A’ Levels they actually could go to a grammar school, and they stopped him doing it, and I was going to do A’s, he was going to do this thing. I was going to do my A’ Levels at secondary school, at [SCHOOL NAME], it’s called [DIFFERENT NAME] now, it’s been rebuilt but anyway and because my [FAMILY MEMBER] worked there, like 30 years after I left, he retired or 20 year or so, and he retired at 65.

There was a teacher there who was ex-army, and he was there when I was there, he was a bully, he would give you the slipper and all, and seemingly they had a few drinks and my cousin told me this, he was at the meeting when he was leaving, and his wife, [TEACHER’S] wife was there and he said, he said, “I suppose you is one of them lucky people that didn’t have to do anything in the war,’ but she said, “No he had quite a hard war.” She said, “I didn’t know where my husband was for seven years,” and his mother was French. He never said this to anybody, and this was his wife, and she said, “He was parachuted into France during the war, and I didn’t even know he had done what he was doing. He never told me where he was, and he was fetched out of France, and he set the underground up in France.

She said, “I didn’t know where he was for seven years, and he came back to England, having different debriefings three times, by submarine they picked him up and then he parachuted back in, and there was lots of French people that got killed. It was then they were in … they had a different section, and he did that for seven years. So she said, “I don’t think that was…”. But he was –

**INTERVIEWER 1: Right. It brings a lot of memories.**

P20: Sorry.

**INTERVIEWER 1: No. No.**

P20: But he made me [pause in recording 00:47:28 - 00:47:33] … an easy life is something, but anyhow. But I’ve always, all my life I always gone for a challenge rather than an easy life, and I can’t do it now I know that. I’ve got no ambition to run a business or anything like that because I’m too old for a start.

**INTERVIEWER 1: Yes, but your [MEDICAL DIAGNOSIS] was quite a challenge and now you are walking again, and we are singing together and so on.**

P20: Yes, I know that I’m an age and the way my brain is, limits me, but I would still like a challenge. I would like to start off by just doing, what I said, a walk around the coast and see how I get on, but my aim would be to walk around Great Britain, possibly it wouldn’t work but maybe it will if I try hard enough.

**INTERVIEWER 1: Not but it’s good to give some dream kind of things.**

P20: Yes, and then all I need to do is get the tea made.

**INTERVIEWER 1: [Laughter] yes so, and I’ve now just one last question, so you are joining these activities so it’s a very big support. So, which other things in your daily life are a support, to have access to activities? I don’t know if it’s some local authority’s or …**

P20: I need to do something, and I am because I will go daft if I don’t. You might say I’m daft now.

**INTERVIEWER 1: No [laugh].**

P20: I certainly feel that way but, I’ve got quite a few ambitions and like anybody’s ambition, it can fail and maybe that’s part of the challenge.

**INTERVIEWER 1: So, you’re looking for a challenge.**

P20: I don’t want to give up and it may not be possible, and I could give up all my pension, which is a position I’ve never been in my life, but I’ve always had quite a lot of money, and I’ve been lucky, but I’ve never been in a position where I was in a noose around my neck with the banks, because I used to try and grow businesses quicker than I should have. I don’t think I would do that again because I’ve not got the ability to do that again or the necessity.

**INTERVIEWER 1: Sorry but, which kind of challenges are you looking for? So we talk about this travel and the cost, do you have other dreams or challenges or changes, things you would like to try or new things to do?**

P20: I think, more or less now from what I’ve seen, you could more or less … you’ve got costal paths all around Devon and Cornwall, Wales, and quite a lot of England, parts of it wouldn’t be really safe to walk, you would probably drive along those roads but there are a lot of coastal ways and I’d like to do quite a lot of the islands, I mean 600 islands in Scotland.

**INTERVIEWER 1: So yes, a complete, really focus on this idea, on this project too.**

*P14: Well, you mentioned last time, I don’t know if you know if you remember, but when [P20] mentioned about making things with wood, I think that was the last idea of yours, you wanted to make something.*

P20: Yes, I’ve got two rooms at the back of the house.

*P14: Some garden, sorry [P20], you say garden furniture.*

P20: Garden furniture.

**INTERVIEWER 1: Okay.**

P20: Yes, I think that would be a good start. I would like … you see I need somebody to help me, I’m very limited. I can get a taxi to places but it’s not really good, I think, you know I did a lot, I had a sawmill for about five, six years and I used to make fencing and I’ve done quite a lot with wood and craft things, and I could make garden furniture. I could make things with just basically small hand tools, and I could make tables, cheap garden furniture quite easily.

*P14: So what would you need in terms of like achieving that, so would you need another person’s support to do certain things for you? What will be the case? Let’s say you’re calling me, I want to build this garden furniture, can you help me?” And I’ll be like, “Okay, what do you need?”*

P20: Well, what you would need to do is –

*P14: What would you need? Where would you start? It’s your project, okay, you even have money to pay people to do certain things, whatever, there’s no limit. So, what would you say, “I need this, this, this and that,” so what would that be?*

P20: Well, I would start off by one of the rooms at the back, about ten foot by 12, which is an office, which is separated from, well, it’s not separated there’s a hall in between, and I could set that up as just a small joinery room and I would get some electric tools, hand tools, drill, sander.

*P14: You have all that?*

P20: Jigsaw. No I …

*P14: So, you will need to buy that? For example, you need tools.*

P20: Yes, well, you’re talking a few hundred quid and you can get big tools –

*P14: But could you go? Sorry, could you go to the shop on your own and buy them?*

P20: Yes, if somebody took me, I mean I would have to look around and see, “Oh, that’s not strong enough.” I would have to have that. I mean I could get a small bandsaw, but I mean to start with, I would use things like scaffolding boards, which are about an inch and a quarter thick and about six inches wide, and they only use them once because of safety reasons. So, there are always loads of them and I would have to find out who was selling them and where they were.

I could use them with a small jigsaw which is like a band which goes around on two wheels and a small exit motor, and you can cut that into any size you want, and if you’ve got a decent planer, not a planer as such but a thing that takes the surface off you can make it like new wood but at the time you could make nice circular tables and stuff like that, have a circular table, and then rounded chairs.

**INTERVIEWER 1: So, you think with the good tools you will be able to do that on your own or maybe you will need some support?**

P20: I could do that, yes, my hands are difficult with intricate things like holding the pen but holding a tool I would be quite good. They’re strong my hands are. So, I mean I would just have to try it. I mean it might be unsafe, I might have to say, “I can’t do that, it’s not suiting me to do it” but I could try and it’s like anything else, you’ve got to do it a bit at a time. I mean I could make wrought iron furniture but it’s not popular as it was.

**INTERVIEWER 1: Yes, and do you know what you would like to do with this furniture? Is it for yourself or maybe for friends around or, I don’t know, to sell or to give to association?**

P20: Well, it would be … I’m not doing it for money I mean, as I say, I can accrue over a grand a month anyhow with my pension, living normally, doing what I’m doing now, so it’s not for money, but I’m sure it would help me mentally, dramatically. I think my short-term memory would –

**INTERVIEWER 1: Yes, stimulate your thoughts.**

P20: I mean, it’s one thing watching tele.

**INTERVIEWER 1: And yes so, it would be nice for you to having something to do, stimulate yourself and is it … so, maybe after with your production you can give that to friends or family, or someone?**

P20: No, what we would do is I would need somebody to drive me round the local … I mean we’ve got the biggest garden centre in the North West [NEAR HERE], which is not really the place you would go, but there’s lots of garden centres, and you can you just look, take an iPhone and take pictures of them and decide which ones you like, or maybe decide which ones you could make that were similar but nicer, if possible [laugh], and try and make a product at a realistic price that is better than the ones that they are buying. Then go there when you’ve made them and sell them, and it might be a failure. It’s like anything in business, if it’s a failure you’ve just got to push yourself off and start again.

*P14: But am I right in saying, whatever happened to the furniture after, it’s less important in your mind than doing it on its own, your purpose is just to do something, that’s your first call?*

P20: Yes, I’m not doing it for money because I don’t need any more money, I’m doing it because I think it would help me.

*P14: Yes. Yes, just need a project, need a job, you need an extra task to do around home.*

P20: Yes, I started at 17-years-old, and I set a business up doing [MANUFACTURING] which isn’t fashionable now so you couldn’t do it and people are doing, starting it off, [DISCUSSES CHANGES IN FASHION OVER TIME], and I finished up employing 18 people in this first place I had and doing [VARIOUS PRODUCTS]. I run that for about six, seven, eight years, and then I decided I was going to get a Stenner bandsaw because I was doing a bit of woodworking as well.

I bought a 36-inch-Stenner bandsaw, and I put three phase from the garage down there, the big garage you know the overhead crane had three phase electricity, I put three phase electricity into the garage I had, I knocked the wall out from in the middle, so it was twice as big when I finished the work. I put a lean-to at the side and then I started buying large logs from the local forest in Wales and that, conifers and I found out that larch is the best thing to make fencing out of from a guy I know. He said, “The larch was … they did it as a fire breaker and it was a harder wood, and it had more oil on it.

Then I went onto wood because it was like any fashion, it was going out, [MY INDUSTRY]. So, I started doing fencing then and then I moved to bigger premises at the back of [A ROAD] actually, which is now a housing estate. I wouldn’t have left their except that it was when the three day week was on with the miner’s strike, and I went bust. So I moved from there and I put an (unclear 01:02:43) and I bought a tunnel, a railway tunnel at [PLACE] which was already a sawmill, it had got a 60-inch Robinson hand saw, and then I worked there for about five or six years.

*P14: Okay, sorry, I think we’re just very close to our lunch so, you know, if there’s any more questions right now?*

**INTERVIEWER 1: No that’s perfect for me, thanks a lot for your time and sharing all these ideas and projects, it’s amazing.**

P20: It’s not a dream, it’s a dream now because it’s not happened, but I think it would be good, yes.

**INTERVIEWER 1: Yes, I am sure you seem, yes you are very clear in your mind so yes, it’s the next steps.**

P20: You see, I realise that, well, I’m limited in my abilities and number one I can’t grow as quick as I used to do, and I used to grow … I grew businesses very quickly because I could do things much better, but I would do it a different way.

**INTERVIEWER 1: Yes, you will just have to adapt.**

P20: It’s a different as well, it’s not for … I was a young married man buying a house with young children, and my wife, she didn’t work after we got married, she had children quite young, and I think I wouldn’t overstep … I think I would enjoy it and I think it could be a good thing and I don’t know, I have a feeling it’s the right thing to do, but I do need the right person to do it with.

**INTERVIEWER 1: Yes.**

*P14: We’ll figure out something, [P20].*

P20: I think that might be …

*P14: Let’s have some lunch, yes.*

**INTERVIEWER 1: Yes, go for it.**

*P14: Thank you very much, [P20].*

**INTERVIEWER 1: Yes, thanks a lot.**

P20: Thank you very much.

**INTERVIEWER 1: Yes. Thank you.**

**[End of Recording]**