**INDIVIDUAL INTERVIEW 16**

**WITH P21 and P14**

**22nd August 2021**

Audio File Name: S9 – IdoService project – Interview – Pwd & carer

Date: 22nd August 2021

Comments:

Duration: 45:27

**KEY:**

Cannot decipher = (unclear + time code)

Sounds like = [s.l + time code]

**INTERVIEWER 1: = Interviewer (Interviewer in bold)**

P21: = Person living with Dementia

P14: = Support Staff

**INTERVIEWER 1: No, just for the transcription, it’s easier to know who is talking, just for transcription.**

P21: Okay, I’m just joking.

**INTERVIEWER 1: So, now it’s recording, so sorry, I have to ask you again if you agree with the recording, if it’s okay with you?**

P21: Yeah.

**INTERVIEWER 1: Yeah, perfect.**

P21: If it helps it’s not a problem.

**INTERVIEWER 1: Right, that’s very kind of you, and it’s just like an open conversation. I will ask you some questions, but it’s more discussion.**

P21: Excuse me.

**INTERVIEWER 1: No problem. If you want to bring other topics or if you are not very comfortable to answer my question, it’s not a problem, it’s voluntary participation.**

P21: You mean if I’m having problems telling you what I’m (unclear 00:00:56)

**INTERVIEWER 1: No, sometimes we are not very happy to speak about some topics because it’s very personal or you know?**

P21: Right, okay, I don’t think so.

**INTERVIEWER 1: There’s no obligation, and if you need a break to go to the restroom or have a drink, it’s also not a problem.**

P21: Okay.

**INTERVIEWER 1: So, we will talk together today, after that it will be a transcription. Everything will be anonymised, so your name, and names of other people will not appear at all.**

P21: Okay.

P14: You need to sign because last time I talked with Jim you didn’t have a sign, is that okay still? Can you have the verbal consent?

**INTERVIEWER 1: Yeah, verbal is fine, yeah, because it was you know?**

P14: [P21] is fine to sign if you need to.

**INTERVIEWER 1: Okay. I will just do that to be sure. So, at the beginning, the project was about people living with mild Dementia, but now it’s open to people with cognitive difficulties in general.**

P21: Well, my mother had Dementia.

**INTERVIEWER 1: Okay.**

P21: I’ve not lost my memory completely at the moment.

**INTERVIEWER 1: Yeah, and it’s interesting for us just to know what impacts to memory difficulties and some of the activities. So, if you can maybe just tick the boxes.**

P21: You mean read it and then tick the boxes?

**INTERVIEWER 1: Yeah.**

P21: Boxes? What come up with that? Boxes? [Laughter] Title of the project is designing the IdoService, facilitating and encouraging and empowerment of people living with Dementia –

**INTERVIEWER 1: Yeah.**

P21: - through access to cultural and creative activities. Name of researcher, Professor [RESEARCHER] , can’t read the second word, I’m sorry, and Doctor [INTERVIEWER 1], is that you?

**INTERVIEWER 1: Yeah.**

P21: Yeah, please initial or put an X in all boxes, right. I have read and understood the information dated August 2021, for the above study. Any questions I had have been answered satisfactorily. I don’t understand that one.

**INTERVIEWER 1: Yeah. If you have questions.**

P21: I understand the study is voluntary, I am free to withdraw from part or all of the study at any time, and I don’t need to give any reason. My legal rights won’t be affected. Do I need to read all this?

**INTERVIEWER 1: No, I can just… so, this one is if you have a question, I will answer. So, if you are happy with that tick there.**

P21: Say that again.

**INTERVIEWER 1: If you have some questions, so, this sentence is saying if I have a question, I will have my answer, so are you happy with that?**

P21: Any questions I have been given, have been answered satisfactorily. Oh, I don’t know about that because we haven’t started, have we?

**INTERVIEWER 1: Exactly. I will just say… So, yeah, this one is about the fact that it’s anonymised, so you don’t have to worry about that.** **This one is to say that we are talking together today, but if tomorrow you’re thinking, ‘Oh, no, I’m not very happy with what I said’, or ‘I don’t want this lady to use my information.’**

P21: Yeah.

**INTERVIEWER 1: You have one week to change your decision and say, “Okay, I –**

P21: If I can answer the questions, I’m not bothered.

**INTERVIEWER 1: Okay.**

P21: I have dealt with in the family, with Dementia.

**INTERVIEWER 1: Yes.**

P21: My mum had it.

**INTERVIEWER 1: Yeah, it’s just a common document for all research, so some of them are more complex than other ones.**

P21: Yeah.

**INTERVIEWER 1: Yeah, just to say that what you are saying today, for example, my supervisor will have a look and then it might be used for other research, but it’s still anonymised because what you will say today, probably will help us.**

P21: Well, it affects different people in different ways, doesn’t it when they get Dementia? Sometimes they go into their shell and sometimes they don’t understand what you’re saying to them and things like that, but –

**INTERVIEWER 1: Yeah.**

P21: - that’s all I know because my mum had it.

**INTERVIEWER 1: So, yeah, that’s it. If you are happy to participate you can just write your name.**

P21: Yes.

P14: It’s just basically saying all this, is that you’re going to take part in it, you can say whatever you like, if you don’t like to answer some questions, that’s fine.

P21: Yeah.

P14: They’re not going to use your name, you’re going to be anonymous, so whatever you say is not going to be underlined with your name, and [INTERVIEWER 1] can just give it to her supervisor.

P21: If I can help, I’ll help.

P14: So, if you’re happy with all that, if you can just sign, so [INTERVIEWER 1] can have proof you said this.

P21: Okeydokey.

**INTERVIEWER 1: If you can write your name there and sign.**

P21: Okay, my full name?

**INTERVIEWER 1: Yeah.**

P21: I wrote [P21] [ONE SURNAME] when I started off, you’ve ended up with [P21] [DIFFERENT SURNAME].

**INTERVIEWER 1: Great, perfect. Thank you, so the objective of this project is to develop in the future a service to help access to activities, to improve access to activities. My first question is, I know currently with COVID – 19 it’s still a complex situation, and everything is not like normal, like the past, but I would like to know more about what are your favourite activities? What do you like to do, like leisure?**

P21: Well, I like doing all sorts to be honest with you, I don’t have one particular subject that I just stick to. I like doing everything and anything.

**INTERVIEWER 1: Yeah.**

P21: I like to talk to people.

**INTERVIEWER 1: Okay.**

P21: I don’t know what else I can tell you about me. [Laughter]

**INTERVIEWER 1: What is for example, a typical week for you, which kind of activities are you doing during the week? Do you have some routines, for example, Monday morning you are doing something special or some activity?**

P21: I just take each day as it comes, I should have a rota, but I haven’t.

**INTERVIEWER 1: No, that’s nice, but for example, on Friday, every Friday you are coming here to do…**

P21: Yeah, I think it is Friday I come here, isn’t it?

P14: Yes.

P21: Is it Friday today?

P14: Yes. So, every Friday you come here. If I can help a little bit, I know on Thursdays you have your exercise classes, do you? You go to do some physio exercise?

P21: On a Thursday?

P14: Yeah.

P21: Do I? I forgot, I’m sorry.

P14: At least, what I know, because you were supposed to join one of our other days, Thursdays, but you decided to join some classes, you know where you’re going there? It’s not far from where you live and you do some chair-based exercise for your, I think, spine.

P21: I’m not sure, sweetheart.

P14: You don’t remember if you went yesterday?

P21: Yesterday, yesterday was Sunday, wasn’t it?

P14: Thursday.

P21: Thursday, I was close. [Laughter]

P14: Bless you.

P21: Thursday, oh, I don’t know.

P14: You don’t know? Okay, that’s fine.

P21: I don’t remember.

P14: Don’t worry, but I also know that your daughter is coming, and you do gardening together. You have some lovely apple trees.

P21: Have I got apple trees or is it our [DAUGHTER ONE] that’s got the apple trees?

P14: I saw them in your garden.

P21: Did you, my garden?

P14: Yeah.

P21: Oh, I don’t even know what my garden looks like now. I’m sorry.

P14: Well, you do gardening, do you?

P21: Yeah, but I don’t do a lot.

P14: You don’t do a lot?

P21: No.

P14: You let your daughter do most of it and then you admire whatever is done?

P21: Yeah. [Laughter]

**INTERVIEWER 1: Good point.**

P21: She knows me, doesn’t she?

**INTERVIEWER 1: You are living in Salford?**

P21: I’m living in?

**INTERVIEWER 1: In Salford?**

P14: In Salford.

P21: Oh, sorry, Salford. I thought you said Stanford and I don’t know where Stanford is.

P14: I used to pronounce Salford wrong every single time, like, Southport, then South ford, and then I learned.

**INTERVIEWER 1: (unclear 00:10:52)**

P21: It’s your own… what’s the road, hang on… I can’t think of it right now. If it comes to me, I’ll tell you.

**INTERVIEWER 1: No problem.**

P14: But you do live in Salford, yeah, all our clients are supposed to be from Salford because we are Age UK Salford, so we couldn’t really have clients from city centre.

**INTERVIEWER 1: Yeah.**

P21: I’m actually from [THE NORTH EAST].

**INTERVIEWER 1: Okay, where is that?**

P21: Up North.

**INTERVIEWER 1: Okay.**

P21: My grandma had a great big garden, and my grandad was a good gardener, and they looked after me.

**INTERVIEWER 1: Okay.**

P21: But I can’t remember what happened then.

**INTERVIEWER 1: So, gardening is something important for you, it was in your family.**

P21: Yes. Dad was in the war, and he came home when my mum had a baby boy. They were American, so he said, “I’m taking [P21] to see my mother”, but he didn’t say he was going to leave me there.

**INTERVIEWER 1: Yes.**

P21: But he did.

**INTERVIEWER 1: Okay.**

P21: So, I don’t know where my mother is or if she’s still alive. I don’t know about my half-brother. He lives in London somewhere now.

**INTERVIEWER 1: Okay.**

P21: Other than that, I can’t tell you.

**INTERVIEWER 1: Yeah, no problem.**

P21: My gran had a house on a hill, and you could look down, and you could see [A ROAD], which is a northern road, so it was dead straight.

**INTERVIEWER 1: Yeah. We had a discussion about your garden, so you are gardening, sometimes?**

P21: I’m not very good at gardening, but I know how to take weeds out. I don’t take flowers out and throw them away, it’s weeds.

**INTERVIEWER 1: Do you like to be outside?**

P21: Do I like?

**INTERVIEWER 1: To be outside.**

P21: Yeah, I don’t matter when I’m outside, you know? I like to read.

**INTERVIEWER 1: Okay.**

P21: I like records, music.

**INTERVIEWER 1: Yeah. Which kind of music do you like?**

P21: All sorts, I’m not stuck with one thing. There’s stuff I like that I’d never heard of before, but (unclear 00:13:25)

**INTERVIEWER 1: Okay, you are listening to the radio?**

P21: Well, I have a record player and I have a radio, and I also have a tele, which is used a lot.

**INTERVIEWER 1: Yes.**

P21: But I don’t sit in front of it all day, I just switch it on and listen to the news or listen to what’s going on, nothing exciting.

**INTERVIEWER 1: And you are reading, reading books?**

P21: Yeah, I read my papers and books, yeah.

P14: Do you still go for your papers every day, you remember?

P21: Yes, I always go for my papers, every day.

**INTERVIEWER 1: Okay.**

P21: It’s only around the corner, you know? I get my mail and my mirror.

**INTERVIEWER 1: Great.**

P21: I have a go at the crosswords in it, sometimes I can do it and sometimes I can’t.

**INTERVIEWER 1: Yeah, and you are living on your own?**

P21: Yes.

**INTERVIEWER 1: Okay, and maybe, I don’t know, do you have a cat or a dog?**

P21: No, I haven’t got a cat and I haven’t got a dog. I’m trying to think where I live.

P14: [P21] –

P21: [ROAD NAME].

P14: Yeah.

P21: Is it one bedroomed house or two bedroomed, I can’t remember?

P14: I think it’s one, but I know you used to have dogs. I think you had two, or you had one Labrador.

P21: I did have a Labrador, yes.

P14: You really like dogs.

P21: A golden retriever, she was lovely.

P14: Yeah, so you used to have pets, for quite a long time.

P21: I had what, love?

P14: You used to have pets. You had dogs.

P21: Yeah.

P14: You like dogs.

P21: Yeah, I like dogs.

**INTERVIEWER 1: And now, are you interested in activities with dogs or walking outside with dogs, or this kind of thing? Or you are not missing contact with dogs?**

P21: I miss my dog, but they’ve got to be house trained, haven’t they? So, I don’t mind, I’ve not bought a new one.

**INTERVIEWER 1: Yeah.**

P21: They need 24 hours, don’t they, when you first get them?

**INTERVIEWER 1: Yeah, it needs a lot of attention.**

P21: I like my sleep at night, so… [Laughter]

**INTERVIEWER 1: Yeah, okay. So, we’ve talked about reading, gardening, listening to the radio, or music. Do you like singing sometimes?**

P21: Yeah, but I’m not very good at singing.

**INTERVIEWER 1: Not a problem.**

P21: I used to be in a choir.

**INTERVIEWER 1: Oh.**

P21: A long while ago, at the church choir.

**INTERVIEWER 1: Why have you stopped?**

P21: Pardon?

**INTERVIEWER 1: Why have you stopped singing with the choir?**

P21: I don’t know.

**INTERVIEWER 1: Okay, great. For example, when you are listening to some music, what is important for you? What do you like… I don’t know… for example, every morning you are reading your newspaper, what is your motivation to do that?**

P21: Well, I read my paper, I read what I’m interested in, I don’t read every item that’s in the paper. I know I should, but I don’t. I can’t think now.

**INTERVIEWER 1: Just to have something to do, or to learn more about the news?**

P21: Well, I’m on my own now, so, I’ve no-one to marry.

**INTERVIEWER 1: Yes.**

P21: My son started coming to my house, because he worked away abroad, and I’ve had some belting holidays out there. He sent the money over for myself and my two daughters, to go over to Dubai, Hong Kong, Philippines.

**INTERVIEWER 1: Right.**

P21: I’ve been to all of them places with him.

**INTERVIEWER 1: Wow.**

P21: Yeah. He’s back in England now. He’s working, and I think he has a Filipino wife, I’m not sure.

**I; Yes.**

P21: I think he wants to bring her over, but he has to have so much money in the bank before he can do that.

**INTERVIEWER 1: Yes.**

P21: You have to have a certain amount. He’s got to be able to take care of her and like any difficulties crop up, he should be able to cope with them, but he’s working hard and he’s saving, and eventually, he will bring her over -

**INTERVIEWER 1: Yeah.**

P21: - to England, yeah.

**INTERVIEWER 1: So, you have travelled a lot?**

P21: I have troubles?

**INTERVIEWER 1: Yeah, have you travelled outside of the UK to visit…?**

P21: Have I been out?

**INTERVIEWER 1: Yeah.**

P14: Have you been travelling?

P21: Oh, he’s sent us holidays.

P14: So, you were travelling?

P21: Yeah. There’s was myself and my two daughters.

**INTERVIEWER 1: Okay.**

P21: He sent us the tickets over for us to go out there, we’ve been to the Philippines, we’ve been to Hong Kong, we’ve been to… I can’t remember all of the places we’ve been, but I’ve been to a lot of places.

**INTERVIEWER 1: Yeah, but he organised everything?**

P21: Yeah, so I didn’t have to do anything.

**INTERVIEWER 1: Yeah.**

P14: Did you travel anywhere else, except Asia? On your own or with your friends?

P21: No, it was myself and my two daughters that went over.

P14: To Asia, yeah?

P21: He sent for us for a holiday, it was for the three of us.

P14: Did you ever go to Europe, or Australia, or America?

P21: No.

P14: No?

P21: No, we’ve been to the Philippines, we’ve been to Hong Kong, we had a bonfire night when we were in the Philippines, and this chap that was with us, a friend of our [FRIEND THREE]s’, and we saw this great big firework.

**INTERVIEWER 1: Yes.**

P21: He said, “Oh, I want to buy that.” So, his lad bought it, and he lit it, and it fizzled out. [Laughter]

P14: It what, sorry?

P21: It fizzled out. [Laughter] He went mad because he paid all that money for that.

P14: Oh my God.

P21: But we had a laugh.

P14: I would have had a laugh too.

P21: At (unclear 00:20:37) place where he was staying, there was a pool inside the house.

**INTERVIEWER 1: Oh.**

P14: Luxury.

P21: Yeah, it was. We had a good holiday.

P14: I know actually, [P21] used to have her two best friends.

P21: Have what?

P14: You used to have your two best friends, and you spent quite a lot of time with them as well.

P21: Oh, my two best friends, yeah. Trying to think of their names now, but I’ve lost it.

P14: Well, one’s [FRIEND].

P21: Yeah, [FRIEND ONE], [FRIEND TWO].

P14: Two [FRIEND]’s?

P21: Yeah, two [FRIEND]’s, [FRIEND TWO], and [FRIEND ONE].

P14: What did you do with them?

P21: Oh, we done all sorts.

P14: Everything?

P21: We’ve had holidays and we’ve had days out; we’ve had picnics.

P14: Were you already retired those days?

P21: Yeah, I think I was, yeah. Retired, yeah, but they were nice people that I’ve worked with.

P14: So, those were colleagues from work?

P21: Pardon?

P14: Were they friends from work?

P21: No, neighbours, a couple of neighbours and a girl I worked with, and we just got on that’s all, and we had a good time, but [FRIEND THREE] took us all over.

**INTERVIEWER 1: So, you really like to be with other people?**

P21: Yeah.

**INTERVIEWER 1: Social contact, speaking with people?**

P21: Yeah.

**INTERVIEWER 1: That’s something you really like?**

P21: Excuse me.

**INTERVIEWER 1: I don’t know exactly, but in activities, you are doing, which activities do you like? For example, physical ones, or bingo, or games?**

P21: I don’t mind, I’ll do anything.

P14: Yeah, that’s true, [P21] is good with everything. [Laughter]

P21: You have to say that because I’m with you.

P14: Yeah, because it’s recording. [Laughter] No, it’s true, [P21] is a lady of multiple talents, whatever she touches, she does it very nicely. I think you’re good with word games, you like word games, don’t you?

P21: Yeah, crosswords, things like that.

P14: Crosswords, yeah. We will sing, we will dance as well sometimes. You’re not great with your feet, so sometimes, you just can’t be bothered.

P21: I don’t know.

P14: Or you just can’t be bothered in general with the dancing, but yeah, we try to do all kinds of things that would stimulate physically, mentally. It will be joyful, arts, crafts, so, as you said, I think you can try everything. You’re not like some people who will be like, ‘No, I’ve never done it, so I’m not going to do it.’ You’re not like that.

P21: No.

P14: At least, in my eyes.

P21: Have a go Joe, that’s me.

P14: Yeah, and you’re super sociable. Like, the cheering up person in the group, is always kind to people, and that’s all you, [P21].

**INTERVIEWER 1: Right, and now you are very happy to try new things? If she suggests a new activity, you will be happy to try that?**

P21: Our [DAUGHTER ONE]’s good, my daughter. I’ve got two daughters, but one’s a [INSULT]. Excuse my French.

**INTERVIEWER 1: We’ll remove that from the recording. [Laughter]**

P21: Yeah, remove that.

**INTERVIEWER 1: But you still have contact with the other one?**

P21: Yeah.

**INTERVIEWER 1: Do you know what you are doing together? So, you are gardening, are you working outside, or…?**

P21: I’m a bit long in the tooth for working, aren’t I? I’m [IN MY 80s]? I was born in [YEAR].

**INTERVIEWER 1: Okay.**

P21: I’m 80 something, I don’t know.

P14: [AGE].

P21: Aye?

P14: [AGE].

P21: Am I? Do over, am I [AGE]? Oh right.

**INTERVIEWER 1: Would you be interested in trying a new activity, something new… I don’t know, sometimes we’re thinking, ‘Oh, I would like…’ I don’t know, playing snooker or that sort of thing?**

P21: No, I haven’t been any good at that.

**INTERVIEWER 1: No?**

P21: I’d be frightened of ripping the green.

**INTERVIEWER 1: Yeah, even if you are not good at that, for the pleasure too.**

P21: I sometimes play patience with myself.

**INTERVIEWER 1: Yes.**

P21: Sometimes it’s two packs and sometimes it’s just one. Depends what I’ve got my mind on.

P14: Is there something, [P21], like, if I would come to you now and say, “You can choose to do whatever you like”, as an activity, for your leisure time, it can be anything. Do you have a dream or like a goal, that you would still want to do something? Go abroad or try something that you never tried before?

P21: No, I don’t think so. I’m a bit long in the tooth, aren’t I? I was born in [YEAR] so I’m [AGE]?

P14: [AGE].

P21: It’s either [COUPLE OF AGES], something like that.

P14: Yeah, so, you’re basically happy with what you have, in terms of your daily life and activities? Or would you like something more, you need more stimulants? For example, would you like to come here a bit more, or have another group like us, other days?

P21: I don’t know. I don’t really know, but I enjoy coming here, and the company, and chatting to people, you know?

**INTERVIEWER 1: Yes.**

P21: I haven’t got any ambitions to do anything, like swimming the channel or something like that. [Laughter] I’d most probably swim down.

P14: That’s fine. That’s absolutely okay then.

**INTERVIEWER 1: Yeah, that’s great if you’re happy with your activities and your weeks, that’s really great.**

P21: I like doing jigsaws and crosswords, and I like chatting to people.

**INTERVIEWER 1: Yeah, (unclear 00:27:53)**

P21: I’m a right gabby get, aren’t I?

**INTERVIEWER 1: Now, I may have some questions about sometimes, we may have some difficulties to access activities, because for example, it’s not possible, we have to take a bus, but there’s not a lot of buses around, or this kind of thing.**

P21: You mean for travelling?

**INTERVIEWER 1: Yes, exactly.**

P21: Oh right, well, I don’t jump on the bus regular, I must admit. I do for (unclear 00:28:30) you know?

**INTERVIEWER 1: Yes.**

P21: That’s the shopping centre, I jump on the bus and go there, but more often than not, our [DAUGHTER ONE] takes me, because she’s got a car.

**INTERVIEWER 1: Oh, great.**

P21: So, that’s good. I nip in here and nip in there, have a nosey.

**INTERVIEWER 1: Perfect. So, for example, for coming here today, are you taking a bus or a taxi?**

P21: Oh, to get here you mean?

**INTERVIEWER 1: Yeah.**

P21: Yeah, how did I get here today?

P14: Your daughter is always bringing you.

**INTERVIEWER 1: Okay.**

P21: Oh right. Yeah, and she picks me up, doesn’t she, at night? Sorry, yeah.

P14: She’s your main chauffer.

P21: Yeah, she comes round for me, ‘Are you ready? We ready for the off?’ “Yeah, okay, give me two ticks.” I jump in the car, and she drops me here.

**INTERVIEWER 1: Great.**

P21: Then she picks me up tonight, doesn’t she?

P14: Yeah.

P21: Takes me home, yeah. Sometimes, I have my tea with her and sometimes I have my tea when I get home, it just depends.

**INTERVIEWER 1: Yes, good organisation. Are you going to the shopping centre with your daughter?**

P21: We haven’t done that for a long while to be honest with you.

**INTERVIEWER 1: Okay.**

P21: But we did do it one time, but with all this COVID and all that…

**INTERVIEWER 1: Yeah, exactly, it’s not a good time.**

P21: No, our [DAUGHTER ONE]’s not been well, so, she doesn’t want me to catch anything like that, no.

**INTERVIEWER 1: For you, what was the impact of COVID – 19 on your activities? I don’t know if you had some online activities.**

P14: No, we tried to get you on the online Zooms, I don’t know if you remember? I’ve spoken with [FRIEND THREE] a few times, and we were thinking to get you a tablet, because you use tablets sometimes, don’t you?

P21: I’ve got a tablet at home.

P14: You use it, no?

P21: Not a lot.

P14: Not a lot, but can you use it?

P21: Yeah.

P14: Yeah, so we were thinking maybe we can try, but it never really happened. I was doing welfare calls, so, I was calling [P21] every week, do you remember?

P21: No, do I heck, I’ve got short term memory now, love.

**INTERVIEWER 1: I know.**

P14: It’s basically affected us, we were closed for the groups, so we’d either do the Zooms or the welfare calls, it was the only way to contact our clients, so, it wasn’t easy, was it being locked all the time? It wasn’t easy.

P21: No.

P14: We went through it. I remember phoning you and playing you songs, and you were guessing who is singing it, and we were trying to do quizzes over the phone as well.

**INTERVIEWER 1: You like quizzes?**

P21: Pardon?

**INTERVIEWER 1: This kind of quizzes, quiz, and this kind of thing, do you like them?**

P21: I’m not clever.

P14: Come on, [P21], you are, you’re very clever.

**INTERVIEWER 1: So, yeah, that’s great. Now, it’s possible again to meet people.**

P21: I like coming here, don’t I? I love it.

P14: And we like to have you as well, win, win situation, isn’t it?

P21: Yeah, because everyone’s nice here, aren’t they? Everyone, yeah. I feel sorry for that lad that’s gone in a home though.

P14: Yeah, I know, [MALE ONE]. We had lovely man, [MALE ONE], unfortunately…

P21: He didn’t talk much, did he?

P14: He didn’t, but when he did, it was meaningful, wasn’t it?

P21: Yeah.

P14: He was always saying something surprising like, he was very quiet.

P21: Yeah, but I feel sorry for him now because he’s in a home, and if he’s not with the right people he won’t push himself forward, will he?

P14: Sometimes I think the care homes can be pretty nice.

P21: Yeah, they can, because they go round… I’ve worked with them, and my mum was in a home, because I had to work, and there was only her and I, and my mum went into a home, but they were wonderful with her. She had day care for a while and then she got worse so, but she’s gone now.

P14: Oh, [P21].

P21: Sorry.

P14: It’s fine.

**INTERVIEWER 1: No.**

P14: Let me get you a tissue.

**INTERVIEWER 1: These memories are coming back.**

P21: Yeah. She was lovely, my mum.

P14: Here you go.

P21: Oh, thank you. Sorry about that.

**INTERVIEWER 1: No, it’s totally normal.**

P14: I think he can have a good life there as well, he’s around people, they do activities as well.

P21: Yeah.

P14: So, there’s a big chance he’s actually more active than maybe at home, being on his own.

P21: Yeah.

P14: So sometimes, it’s not bad, you know?

P21: No, I know.

P14: I know it’s better to stay at your place because it’s familiar and that’s your house –

P21: Yeah.

P14: - but sometimes, people really like it. Like, [FEMALE ONE], you know [FEMALE ONE] from the group?

P21: Yeah.

P14: Her grandma is in the care home, and she loves it.

P21: Yeah.

P14: She met a man in there.

P21: Did she?

P14: Yeah.

**INTERVIEWER 1: Oh.**

P14: It depends, every person is different, but it doesn’t have to be the worst thing.

P21: Yeah, my mum was in a home, because I had to work.

**INTERVIEWER 1: Right, indeed for quite a lot of people, it’s better, because they have more things, more activities, they’re round people, so…**

P21: Yeah.

P14: Socialising more.

**INTERVIEWER 1: Yeah. So, today, you are having this activity, so, you said you really liked to be with people, talking with them, do you have other motivation? For example, food, lunch is good?**

P21: Do we have lunch here?

P14: We do, yeah.

P21: It must be alright. [Laughter]

P14: Because you are coming back. No, actually, [P21], you like your food, you like sweets and stuff like that, but we always have something –

P21: Yeah.

P14: - nice, and we cook, another daily centre is cooking for us, so, it’s always fresh. It’s nice, isn’t it?

P21: Yeah, it is. Nice girls, aren’t you?

**INTERVIEWER 1: You like sweets then, yeah? Do you like, maybe not now, but do you like cooking, or in the past?**

P21: Yeah, I used to cook a lot, yeah.

**INTERVIEWER 1: Yeah, cooking a lot.**

P21: Cakes, raffle them off and make money for the kid’s summer holidays. There was a few of us, we did things to raise money for the children.

**INTERVIEWER 1: Yes.**

P21: For the six weeks holiday, and we took them out for days, and took them to picnics and all sorts.

**INTERVIEWER 1: Oh, that’s nice.**

P21: Yeah, there were a few of us, we just got together and said, “How about doing something for the kids, because they’re off for six weeks?” Mum and dad’s get fed up with them because they’re in and out like a yoyo. If we could get something up for them, so we did. We did that a couple of times over the years. There’s not many of us left now.

**INTERVIEWER 1: Yeah.**

P21: I’m in my 80’s, aren’t I?

P14: Sorry?

P21: I’m in my 80’s.

P14: [AGE], yeah?

P21: Am I [AGE]? Something like that.

**INTERVIEWER 1: [AGE]**

P21: Yeah.

**INTERVIEWER 1: So, yeah, baking was something you liked?**

P21: Oh, yeah. I’ve got loads of recipes.

P14: Yeah, sometimes, you have this small notebook, you brought it one time and you were giving us a very easy recipe for some cakes.

P21: Yeah.

P14: Sometimes, [P21] would spontaneously share some recipe, do this, or do that.

P21: Yeah.

**INTERVIEWER 1: What are your favourite ones, with chocolate or?**

P21: All sorts, ice cream. I scream, you scream, we all scream for ice cream. [Laughter]

P14: You like Asian food as well.

P21: I like?

P14: You like Asian cuisine.

P21: Oh yeah.

P14: Because you had a chance to try it when you went to visit [FRIEND THREE].

P21: Yeah. My son’s a good cook as well. He’s come over to look after me.

**INTERVIEWER 1: Great.**

P21: Yeah, but he has to work now, you know?

P14: But he’s still here, he’s working while he’s still in charge, and he’s the main carer for [P21] when we contact someone, daughter is obviously, with [P21] every day sometimes, because she lives next door, but [FRIEND THREE]…

P21: Who lives next door?

P14: Your daughter.

P21: No, she doesn’t.

P14: Oh, you said she doesn’t live far?

P21: She doesn’t live far.

P14: But not next door?

P21: If I walk out my house, and walk down the road, and it’s on the right-hand side.

**INTERVIEWER 1: Oh, yeah.**

P14: Yeah, it’s not far.

P21: There’s a set of houses that way, two houses that way, two that way, and two that way, and there’s a green there, and they’ve got trees on it and everything, but she’s got a great big back garden, honest to God. She’s done it herself and she’s got a shed, not a shed, it’s… what’s it called?

P14: A summer house?

P21: Like a summer house, it’s not all glass though, and you’ve got steps up to it and it’s got a platform, and she’s got garden all round. It’s a great big garden, massive garden, it’s longer than this room, and not as wide as this. I would imagine, to where that’s sticking out there, from there to there, that’s how wide it is that way, and it’s long as well, but she loves it our [DAUGHTER ONE].

**INTERVIEWER 1: Wow, that’s very nice.**

P21: She’s had some nice parties in there.

**INTERVIEWER 1: Yes, in summer I’m sure it’s nice.**

P21: She’s got a big shed with steps up to it and a veranda, and the room inside, you can get about half a dozen people in, I think it is, might be more. They did have a bar in there.

P14: Nice.

P21: Yeah, but she took it out.

P14: Did you have a drink there?

P21: Pardon?

P14: Did you have some drinks there?

P21: Oh yeah.

P14: Your favourite vodka?

P21: No, not all the time, just some of the time.

P14: Not all the time, yeah?

P21: Yeah, but our [DAUGHTER ONE]’s done a marvellous job. Her husband is not interested in the garden, but she’s done the whole thing herself, and it’s bigger than this room, her garden.

**INTERVIEWER 1: Yes, so it’s a lot of things to do?**

P21: Yeah, she’s worked wonders.

**INTERVIEWER 1: Yeah, so you are well surrounded by your family?**

P21: My family, yeah.

**INTERVIEWER 1: That’s great, very nice.**

P21: My son lives in… where is he? He was abroad, and he came home to look after me, and he’s got a wife. I don’t know if he’s got any kiddies or not with her, I can’t remember, my heads gone blank.

**INTERVIEWER 1: Your daughter, she has children?**

P21: My daughter lives just down the road from where I am.

**INTERVIEWER 1: Does she have children?**

P21: Yeah, she’s got three children.

**INTERVIEWER 1: Okay.**

P21: Her daughter has just moved into her new house and her son; her son don’t bother with her. He’s married to a teacher, but yeah.

**INTERVIEWER 1: Okay, but her other children are living close too?**

P21: Yeah, brilliant, [DAUGHTER ONE]. She bought me here this morning.

**INTERVIEWER 1: Oh, nice.**

P21: She’ll pick me up tonight and drop me off home.

**INTERVIEWER 1: That’s super. Great.**

P21: Yeah, but she’s good.

**INTERVIEWER 1: Perfect. Do you have other things you would like to say, because me, I’m okay with my questions, about your activities or some ideas you will have?**

P21: About?

**INTERVIEWER 1: I don’t know if you want to say something more about –**

P21: We used to raise money for the kiddies on the six weeks holiday.

**INTERVIEWER 1: Okay.**

P21: We did that for a few years and then a couple dwindled off, and I wasn’t able to do it on my own, so I give it up, but we used to make stuff with the kids and days out.

**INTERVIEWER 1: It’s something you liked, to volunteer, and to help people?**

P21: Yeah, it was good, very good.

**INTERVIEWER 1: You said you were not able to do that on your own anymore, so, do you think with some support, or with other people, you would like to do that again?**

P21: Yeah, if they said we were getting a group up to help the kids on their long weeks holiday, it’s a long time, isn’t it, six weeks? They do get fed up, don’t they?

**INTERVIEWER 1: Yeah.**

P21: We’ve took them on days out and all sorts. Yeah, bus rides and…

**INTERVIEWER 1: It’s something you like; you would be happy to do again?**

P21: Oh, yeah.

**INTERVIEWER 1: Good.**

P21: I wouldn’t do it on my own.

**INTERVIEWER 1: No, of course, and it’s better with other people, to chat.**

P21: Yeah, you do that, and you do that, and I’ll go home. [Laughter]

**INTERVIEWER 1: Exactly. That’s nice.**

P21: Yeah. No, we’ve had some good times. I really have.

**INTERVIEWER 1: Oh great. Good. Right then, I’ve had a very good time with you, so thanks a lot for sharing that with me.**

P21: Okay, I don’t know whether I told you everything or not.

**INTERVIEWER 1: It was great.**

P21: I lose my memory.

**INTERVIEWER 1: No worries at all.**

P21: Thanks for the chat anyway.

**INTERVIEWER 1: No, thank you.**

P14: Thank you very much.

P21: Bye bye.

**INTERVIEWER 1: Enjoy your day and your activities.**

P21: I’ll enjoy my activities, but you won’t.

P14: I’ll come with you, take a drink, I think it’s cold already. I’ll make you a new one.

**[End of Recording]**