**INDIVIDUAL INTERVIEW 17**

**WITH P22 and P14**

**6th August 2021**

Audio File Name: S10 - IDoService project - Interview - Pwd & carer

Date: 26th August 2021

Comments:

Duration: 33:37

**KEY:**

Cannot decipher = (unclear + time code)

Sounds like = [s.l + time code]

**INTERVIEWER 1: = Interviewer 1 (Interviewer in bold*)***

P22: = Person living with dementia

P14: = Support staff

**INTERVIEWER 1: So, where is that? I just have to check if it’s working fine. Yes. Great. So, [P22], just before beginning our discussion, I just need to give you some information. So, on this paper, you have the name of the project. So, our project is to learn more about activities because we would like to develop a new service in, or something new, to help people to access maybe activities they would like to do, and so today maybe it’s not very possible, but yes, try to help them.**

**So on this document, it’s something from our legal department, just, the name is “informed consent,” so it’s to give you information about what we are doing today. So I think it’s just to say, if you have a question about this project, this research, you can ask to me and I will have to answer to you and yes very important, it’s a voluntary participation. So, if you want to stop, or if you need a break, or something like that, you can stop at any time. You have no obligation to speak with me and yes, so this one is … but the fact it’s … We are recording our conversation but after that it will be anonymised. So, I will have a file of, you know this recording, I will send it to a professional and he will do the transcription because for me, it’s difficult, my English is not good enough, but he will do a transcription and it will be just a written transcription, and your name it will not be your real name on it. We will change with another name just to be sure it’s totally anonymised.**

P22: Anonymous.

**INTERVIEWER 1: Yes, and yes, so the other things are there to say, you don’t have to worry about information you give, because everything will be anonymised in the end. So, are you still happy to take part in the interview?**

P22: Yes. Yes.

**INTERVIEWER 1: Great. So, I will just ask you things. If you’re not sure, I’m sure it’s okay. So you can if you can just write your name here?**

P22: [P22].

**INTERVIEWER 1: Yes.**

P22: Full name?

**INTERVIEWER 1: Yes if possible.**

P22: I’ll just be … I put [P22] (unclear 00:02:30).

**INTERVIEWER 1: A full name is better if you can, or if you want to share this information with me. [Pause]**

P22: Date …?

**INTERVIEWER 1: Yes.**

P22: I don’t know.

**INTERVIEWER 1: We are the 6th, 6th August.**

P22: Sixth of the eight, 21.

**INTERVIEWER 1: Yes, exactly, and your signature [pause]. Perfect. Thanks a lot. Great. So, yes, it’s a really an open conversation and there is no good or bad answer, just you can just speak about what you think is interesting for you, interesting for you, and my first question is what are your favourite activities, leisure activities? I know with COVID-19 we are in a kind of strange situation. It’s not very normal again.**

P22: No.

**INTERVIEWER 1: But what …? What do you like to do? I don’t know, for example, cooking, meeting people, these kinds of things, so.**

P22: Dancing.

**INTERVIEWER 1: Dancing is something you really like?**

P22: Ballroom dancing.

**INTERVIEWER 1: Oh, are you …? I’m not, I would not say good at dancing.**

P22: My husband and I were, yes.

**INTERVIEWER 1: Yes …?**

P22: We used to do a lot of ballroom dancing.

**INTERVIEWER 1: Yes.**

P22: We danced in America as well as England. We’ve danced all over.

**INTERVIEWER 1: Ohhh, and it was something you danced every week, every weekend for example, it was?**

P22: Yes. We used to go every week and probably twice a week. I think it was a lot more.

**INTERVIEWER 1: So it’s something today, you still like that, dancing is something you really like?**

P22: Ballroom dancing, sequence dancing, any sort.

**INTERVIEWER 1: So, dancing is really something you like to do. Are you still dancing or …?**

P22: Pardon…?

**INTERVIEWER 1: Are you still dancing today?**

P22: No not really.

**INTERVIEWER 1: No.**

P22: I don’t get out [laughter].

**INTERVIEWER 1: Yes.**

P22: I used to sequence dance a lot.

**INTERVIEWER 1: Okay. So, dancing is something you really like and I don’t know, other activities you really enjoy?**

P22: I can’t think of any [laughter].

**INTERVIEWER 1: What …? What is …?**

P22: Reading, probably.

**INTERVIEWER 1: Reading.**

P22: I like reading.

**INTERVIEWER 1: What …? What …? What …? What is a typical week for you? So, for example, on Friday you are coming there, here, and having your activities but …**

P22: Sunday I go to church with my daughter. Oh, my (unclear 00:05:13) already. My son does my shopping and comes on Thursdays with that. Occasionally, I see my grandchildren, but not very often [laughter].

**INTERVIEWER 1: Yes, never …**

P22: But they live a long way away, so.

**INTERVIEWER 1: Oh okay, yes, not easy. Are you part of another group or service provider? I don’t know.**

P22: Pardon…?

**INTERVIEWER 1: Are you part of another group having, I don’t know, physical exercises, like another group or …?**

P22: I don’t think so.

**INTERVIEWER 1: No.**

P22: I don’t think so. [Laughter] I’ve a very poor memory, I’m afraid.

**INTERVIEWER 1: Ahh. No. No worries. So you like reading, dancing. I don’t know. Do you like …?**

P22: I used to … I used do a lot of knitting but I don’t now [laughter].

**INTERVIEWER 1: Do you like cooking or these kinds of things?**

P22: Not especially no, just do as I have to.

**INTERVIEWER 1: Yes. Me too [laughter].**

P22: When I was at home it was the baking. We had to bake every week. We each had our special (unclear 00:06:19) that we had cooked. So, on Sunday we used to have a three-tier cake, a stand with cakes on all three of them. The one at the side, a fancy one.

**INTERVIEWER 1: Woah!**

P22: I was one of [MANY] of children.

**INTERVIEWER 1: Oh yes, so yes [laughter] of course.**

P22: The boys didn’t do, the two boys didn’t do much. It was the girls they did the baking.

**INTERVIEWER 1: Great. So, I don’t know, are you …? Are you meeting people? So, for example, what is your motivation to be here today, to be with other people or just to have a nice time with people?**

P22: Well, I like coming here, yes.

**INTERVIEWER 1: Yes …? Great.**

P22: I talk to my neighbours at home.

**INTERVIEWER 1: Yes …? So you have a good relationship with the – ?**

P22: With the neighbours, yes.

**INTERVIEWER 1: Yes. It’s nice. Are you having a chat or maybe having a drink together sometimes or …?**

P22: A chat mainly.

**INTERVIEWER 1: Yes.**

P22: Not a drink, mainly a chat.

**INTERVIEWER 1: Yes, nice, and do you have pets? Do you have a dog or a cat at home?**

P22: No.

**INTERVIEWER 1: No. You don’t like them or …?**

P22: Not in the house, my husband didn’t. He didn’t want anything like that in the house, (unclear 00:07:40) the house is bothered.

**INTERVIEWER 1: [Laughter] okay.**

P22: He always had a dog when he was at home.

**INTERVIEWER 1: Do you …? Do you enjoy being outside, you know, having a walk outside or being in a garden or in a park?**

P22: Oh, yes. Yes. I sit in the back garden.

**INTERVIEWER 1: Good. Listening to birds and these kinds of things?**

P22: Well, I’ve got a very big back garden –

**INTERVIEWER 1: Okay.**

P22: - and behind it is a massive field. I back onto a farm or there’s a … There’s a farm somewhere but we only see the fields.

**INTERVIEWER 1: Oh, yes.**

P22: Occasionally, the horses come round.

**INTERVIEWER 1: Yes. Nice. What do you like …? What is interesting for you when you are outside? Do you like being outside in the garden to, I don’t know, listening to birds or just seeing people around?**

P22: I’m just sitting there and enjoying and watch people [laughter].

**INTERVIEWER 1: Yes, great, and do you like gardening?**

P22: Not especially.

**INTERVIEWER 1: No. No.**

P22: No but I’ve got artificial plants [laughter]. So, I’ve got a very big … Well, it’s a very, very big garden –

**INTERVIEWER 1: Okay.**

P22: - especially the back garden. So, it’s hard to be (unclear 00:08:58) with a border all the way round, but I don’t have any actual plants in the border it’s just soil.

**INTERVIEWER 1: Okay. Great.**

P22: But it’s down both sides. I don’t cut them [laughter]. My daughter comes and does that. Oh, I’ve got roses, sorry, I’ve got roses all the way down.

**INTERVIEWER 1: Oh nice, that’s beautiful, and do you like to go to the cinema, or theatre, or …?**

P22: Well, I used to, but I can’t remember when I last went.

**INTERVIEWER 1: Yes. It’s something you liked in the past?**

P22: In the past, yes.

**INTERVIEWER 1: Yes.**

P22: We used to go every week at least twice.

**INTERVIEWER 1: Yes, and now, you don’t like it anymore or it’s too complicated for you? It would be too complicated for you to go to it?**

P22: It’s just getting there I think more than anything else.

**INTERVIEWER 1: Okay, and do you like to visit a museum or see some exhibition, these kinds of things?**

P22: No not really.

**INTERVIEWER 1: No. It’s not something you’re …**

P22: I did that when I was a teacher, I’ve had enough of that.

**INTERVIEWER 1: You were teaching?**

P22: I was a teacher, yes.

**INTERVIEWER 1: Oh great, which kind of teacher?**

P22: Infants.

**INTERVIEWER 1: Good.**

P22: So, it was nothing very complicated.

**INTERVIEWER 1: [Laughter] but still you had to go in the museum and these kinds of things.**

P22: Yes.

**INTERVIEWER 1: Great. So yes, as you say, you like having the time with your grand children?**

P22: Oh, yes.

**INTERVIEWER 1: If it’s not enough for you.**

P22: Well, I don’t see them they live too far away.

**INTERVIEWER 1: Yes.**

P22: Where are they living? Do you know?

**INTERVIEWER 1: Far [laughter].**

P22: Well, I think it was Lancashire [laughter], in the north of Lancashire somewhere.

**INTERVIEWER 1: Okay.**

P22: They’re a good way away anyway.

**INTERVIEWER 1: Do you – ?**

P22: It’s not easy for them to visit.

**INTERVIEWER 1: Yes, and do you have children living around you?**

P22: I have three children. I have [DAUGHTER], [SON 1] and [SON 2]. [DAUGHTER] that lives fairly nearby, she’s just across the main road from where I live, and [SON 1] lives up at Bolton, and I’m not quite sure where [SON 2] lives to be honest..

**INTERVIEWER 1: Okay.**

*P14: He lives in Leeds.*

P22: Does he?

*P14: Leeds.*

**INTERVIEWER 1: Leeds, oh, not very far.**

P22: I’m glad you knew.

*P14: [Laughter] yes.* [SON 1], [P22].

P22: Pardon …?

*P14: [SON 1].*

P22: [SON 1].

*P14: [SON 1] lives in Leeds, yes I think.*

P22: So, where does [SON 2] live?

*P14: This, I don’t know, sorry.*

**INTERVIEWER 1: [Laughter]**

P22: Very good.

*P14: Nice.*

P22: No I don’t either. He’s working in a care home, I know that.

*P14: Oh right, yes, that’s good.*

P22: Yes.

*P14: Nice.*

P22: He’s a, you know, a caretaker type thing. I don’t know what you call It, but he’s (unclear 00:11:53) care home.

*P14: He is a care assistant also.*

P22: Yes something like that, yes.

**INTERVIEWER 1: Oh nice so yes, and so you said in the past, you “Really liked dancing?”**

P22: Oh, yes.

**INTERVIEWER 1: Yes and which other kind of activities you really liked, in the past?**

P22: Besides dancing?

**INTERVIEWER 1: Yes, but …**

P22: Oh, when I was like a … when I was at home we used to knit a lot.

**INTERVIEWER 1: Okay.**

P22: I also went to … I don’t know what you call it in high school, I used to do dressmaking.

**INTERVIEWER 1: Oh so, that’s nice.**

*P14: Did you make dresses?*

P22: Yes.

*P14: Nice, or did you have a – ?*

P22: I did [laughter].

*P14: Did you have a sewing machine?*

P22: A sewing machine, yes.

**INTERVIEWER 1: Wow.**

P22: Yes and then mum had a sewing machine so I was always used a sewing machine.

**INTERVIEWER 1: That’s impressive, I tried maybe ten years ago, to do use that, but it was … I was not good at that.**

P22: It’s keeping a straight line, isn’t it?

**INTERVIEWER 1: Yes.**

P22: It’s difficult [laughter].

**INTERVIEWER 1: Yes.**

P22: (Unclear 00:13:01) you’ve got to be really careful.

**INTERVIEWER 1: Exactly. Yes, yes. I was really amazed by my, yes, grandmother doing these kinds of things when I was a child but yes, I think I’m not good enough with those kinds of things so, yes.**

P22: Well, it’s practice you see. You have to start young and keep at it until you’re good.

**INTERVIEWER 1: Yes.**

P22: You can’t expect to do it straight away.

**INTERVIEWER 1: Yes. It’s a thing you have to learn and to find someone, yes.**

P22: It’s a skill you learn.

**INTERVIEWER 1: Yes. Yes.**

P22: It’s a skill you learn, yes.

**INTERVIEWER 1: Yes.**

*P14: I think you’re right, you’re like, somethings it’s better to start earlier and continue than later on in life, you know, then it’s more difficult at some point to learn. I tried. Since I work for (unclear 00:13:40), because we used to have ladies who were knitting on a regular basis like coming to the group, and like having a chat and knitting at the same time, so there was four or five [s.l items 00:13:51] for me to learn how to knit, and I was … I wouldn’t call myself inpatient but, with that, I was so inpatient. Inpatient.*

P22: What, with knitting?

*P14: Yes I hated it, and they were like, “You can do it. We can do it. You can do it.” I’m like …*

P22: It’s so easy.

**INTERVIEWER 1: [Laughter]**

*P14: It’s not easy*, *that’s what I’m saying, it’s not.*

P22: Well, I think you have to start young. I was, I did, yes.

**INTERVIEWER 1: Yes, maybe.**

*P14: That’s what I’m saying that it just proves to me like, if I would start when I was a teenager or even before, probably I will still have the skill and it will be easier, but when you’re trying to learn at the age of 30, it’s … it was frustrating. I didn’t like it.*

**INTERVIEWER 1: Yes. I tried and it was the same.**

*P14: Yes.*

**INTERVIEWER 1: It’s so frustrating and I think, ‘Okay, I’m not …’**

P22: It was something we always did.

*P14: Yes, for you it’s more like natural, like, even sewing or knitting.*

P22: No. No. My mum knitted so we knitted, you know?

**INTERVIEWER 1: So, you learnt from your mum to do that?**

P22: Yes. Yes and we had a sewing machine so we sewed as well. We used to make our own clothes.

*P14: Yes. It’s easier when you have it at home from the young age, yes.*

**INTERVIEWER 1: Yes.**

P22: With our sewing machine there so [laughter].

**INTERVIEWER 1: Yes but, you are not doing that anymore? You are not knitting or …?**

P22: No.

**INTERVIEWER 1: No.**

P22: No. I have enough clothes I don’t need to [laughter].

**INTERVIEWER 1: That’s fine, good, and so my next question, so it’s a lot of things you would like to do but you know, sometimes we can have some difficulties to access activities because we would like to do something but it’s not available, or it’s possible but it’s far from your place. So and for example, (unclear 00:15:40) I don’t have a car and I’m not driving, so sometimes it’s difficult for me. So, I would like to know which kinds of difficulties you can have in your daily living to access activities? I don’t know. For example, transport or money because, maybe, I don’t know, you don’t have enough money to pay some activities or these kinds of things?**

P22: Well, do you need money for activities?

**INTERVIEWER 1: Yes, because you know sometimes, if you want to go to the cinema you have to pay £10 to go.**

P22: Is it?

**INTERVIEWER 1: Yes. It’s quite expensive now.**

P22: Oh.

**INTERVIEWER 1: So …**

P22: Oh, I don’t get chance to go to a cinema so I didn’t know [laughter].

**INTERVIEWER 1: Yes. It’s something you would like to do?**

P22: Oh, yes, I used to love it. It was good.

**INTERVIEWER 1: Yes.**

P22: I used to go every week –

**INTERVIEWER 1: Yes.**

P22: - about, probably twice a week.

**INTERVIEWER 1: But, and if it was something, you know, if you had some company to go to the cinema, do you think you would like to go or it’s not interesting now for you?**

P22: I wouldn’t mind.

**INTERVIEWER 1: Yes …?**

P22: I mean, I used to go dancing a lot. We were always dancing. It was good anyway. We danced at Belle View every week [laughter].

**INTERVIEWER 1: Yes and so …**

P22: But (unclear 00:16:52) sometimes. I mean these last months [laughter].

**INTERVIEWER 1: Are you happy with all your activities now, or are you interested in trying something new, or something you maybe you did in the past and you would like to do again?**

P22: I don’t think I really do any activities now to be honest.

**INTERVIEWER 1: Yes but it’s okay for you, or sometimes you are thinking, ‘Ohhh, I’m missing,’ I don’t know, yes, going, visiting museums kind of thing, ‘I’m missing that and I would like to do that again’ if it was possible?**

P22: I wouldn’t mind going dancing again, but then my husband is not there to dance with [laughter].

**INTERVIEWER 1: Yes. Okay, so you are quite happy with your activities on your own?**

P22: Yes.

**INTERVIEWER 1: Oh that’s quite nice, so …**

P22: I’m quite content.

**INTERVIEWER 1: Oh, that’s perfect. I’m really happy to hear that so, yes.**

P22: I’ve a nice family and they all keep in contact.

**INTERVIEWER 1: That’s important for your family, you have good contact with neighbours, and do you have …? Do you still have some friends around to have a chat or going together in the park or …?**

P22: Well, I’ve got my neighbours I can chat to but that’s about it.

**INTERVIEWER 1: Yes.**

P22: You know, the friends that I had live a good way away and are either gone in a home or have (unclear 00:18:27) or something.

**INTERVIEWER 1: Yes.**

P22: The ones I used to have anyway.

**INTERVIEWER 1: Yes with time it becomes more difficult to –**

P22: When you get to my age there’s not many of us left.

**INTERVIEWER 1: Yes, exactly, it’s the thing, less contact. So, here you are, you’re not interested in learning something new, for example, or trying something new or …?**

P22: Such as …?

**INTERVIEWER 1: Just …?**

P22: Such as …?

**INTERVIEWER 1: What is that?**

*P14: Like as for example.*

P22: What kinds of things?

**INTERVIEWER 1: Oh, sorry, which kinds of things? Good question. I don’t know. So, you said, “Dancing,” you will learn that but for example, taking photographs, it’s something you would like to – ?**

P22: I wouldn’t mind taking photographs.

**INTERVIEWER 1: Yes …?**

*P14: So is it the question’s, are you open to learn to do something new? Because you said you, “Don’t really have any dreams around that,” or like you, “Don’t have any goals,” but if someone will come to you and say, “[P22], what do you think? Would you like to …?” I don’t know, learn to do, give you a camera and go out and start making photographs and teach you a little bit about this?*

P22: Oh, I’ll come out. I like doing that, yes.

*P14:* *Yes, so you’re open for new ideas?*

P22: Oh, yes.

*P14: Will you be happy if someone will organise it for you?*

P22: Yes.

*P14: Yes.*

**INTERVIEWER 1: Nice, and do you like craft activities? You know craft things so, yes?**

P22: I used to knit a lot, if that’s what you mean, and I also I used to sew. I also used to make all my own clothes.

**INTERVIEWER 1: And painting maybe?**

P22: Oh, yes.

**INTERVIEWER 1: Yes …?**

P22: But baking was something we had to do every Sunday. Each of us had our speciality. Mine was all cream cakes [laughter].

**INTERVIEWER 1: Nice. Good. So yes, you are open to try new things.**

P22: Yes.

**INTERVIEWER 1: Nice.**

P22: I think there’s some variety.

**INTERVIEWER 1: So, do you think we could do something to improve your access to activities, or do you think it’s okay for you? I don’t know, maybe you are aware of some …?**

*P14: Like barriers?*

**INTERVIEWER 1: Yes, possibilities to improve that or …?**

P22: Some what?

*P14: Like, is there anything, like, if you think about okay, let’s say, you will have this idea to learn photographs, right?*

P22: Yes.

*P14: Would you know how to maybe find something like that? Like, or where to call or who you would ask if you would be interested in something like that? Or, you wouldn’t know?*

P22: I wouldn’t know.

*P14: You wouldn’t know so it’s like because you don’t use internet, right?*

P22: No. I don’t use that.

*P14: That’s the thing, like many things nowadays are happening, but they usually advertise it on internet,*

P22: The internet, yes.

*P14: You wouldn’t hear it on the tele because it’s not, it’s local. You would have to go and buy maybe some local newspaper, or if you don’t do it then sometimes it’s not even the case, but most people, like younger generations, go on the internet and if they want to find any information, literally anything –*

P22: Yes. They can find it.

*P14: - they will find it, so that’s the thing. Like, you could have an idea to do something new, but then, you wouldn’t even know how to start because you wouldn’t know where to look for it.*

P22: I’ll get my son or my daughter to find it.

**INTERVIEWER 1: Yes.**

*P14: There’s still some … there’s always some option, there’s always a way. If there’s a will there’s a way how they say.*

**INTERVIEWER 1: Yes, so your daughter will give you some information if you need that.**

P22: Oh yes, oh, my daughter knows it all, yes.

*P14: So, yes, you will eventually manage, you will find a way to get the information, but you will have to just have this video of what you would like to do.*

P22: Yes.

*P14: But, for example, would you like to have like access to like a regular, a small leaflet or a small paper that it will tell you what’s going on around your area, where you can go, what can you do, what time?*

P22: Yes.

*P14: Is it free or not yet? Yes. Would you think you would use that? Would you look at it and be like, ‘Oh, today there’s a …’ I don’t know, ‘Cinema, open cinema,’ would you be able to organise it so you can go?*

P22: I would have to phone my daughter or my son to attend.

*P14: Right. Okay, but you can still do it -*

**INTERVIEWER 1: Yes.**

P22: I can still do it, yes.

*P14:**- and find a way? Okay*.

**INTERVIEWER 1: And it’s not something already existing in this area as a kind of … more or less?**

*P14: Well, there is like, we get loads of, as an organisation, we got many leaflets or information about what’s going on and if it’s something that we think is valuable we can share. We will share. So, we are kind of like a connection between our clients and whatever’s happening for them in Salford, but for those who don’t come to the group that’s more … probably more complex, but there’s no … not, as I know, it’s not like one leaflet or one magazine that will collect all those information.*

**INTERVIEWER 1: Okay.**

*P14:* *You can find some, probably, platforms on internet. I know there’s the CTCV Salford and they’re trying to like to collect all the social events for volunteers and everything. No. So there’s a platform on internet, but there’s no like paper version of that.*

**INTERVIEWER 1: Yes.**

*P14:* *Yes.*

**INTERVIEWER 1: Not really accessible too, yes.**

P22: Oh, well, my daughter does a lot on the internet.

**INTERVIEWER 1: Yes. Yes. Nowadays it’s a lot of things on the internet, so, you are not choosing internet. It’s not something you like?**

P22: Oh, I don’t really know anything about it to be honest.

*P14: But would you like to learn if you would be …? If you were having access to like some workshop with computers, would you be interested to try?*

P22: Yes.

*P14: Yes.*

P22: I’ll try anything once.

**INTERVIEWER 1: Yes [laughter], exactly.**

P22: [Laughter]

**INTERVIEWER 1: Do you …? Do you have a mobile phone?**

P22: Pardon …?

**INTERVIEWER 1: Do you have mobile phone? You know …?**

P22: No.

**INTERVIEWER 1: No, but you have a tablet at home or …? No. No computer, no tablet, nothing.**

*P14: No I don’t think you …*

**INTERVIEWER 1: Okay.**

*P14: You have a landline, do you?*

P22: I have a landline, yes.

**INTERVIEWER 1: Yes. Okay. Great, and so yes, when you need something, some support, you can ask to your daughter and she will help you and give you some information?**

P22: Yes. I might even ask my son, my daughter-in-law.

**INTERVIEWER 1: Yes too, Is she helpful too?**

P22: Oh, she’s very helpful, yes.

**INTERVIEWER 1: Which kind of support she is giving to you?**

P22: [Laughter] she phones and looks around to see what I’ve not done and done my cleaning. She takes my washing, gives me orders, and taking me to my appointments.

**INTERVIEWER 1: Yes, so it’s some yes, daily help. Okay. Great.**

P22: My daughter doesn’t help me at home. It’s my son or my daughter-in-law who does that.

**INTERVIEWER 1: Good and …**

P22: Oh, she does all my washing and my bedding and cleans the house.

*P14: That’s good, yes.*

P22: Yes.

**INTERVIEWER 1: Really nice, and now, I have quite a specific question. So, in the project’s research, some people say to us, they were missing opportunities to be, “Active in their familiar roles.” For example, they were missing being called to give some assistance or support, for example for cooking, for just helping in the flat, or these kinds of things. Are you missing that or …?**

P22: No.

**INTERVIEWER 1: It’s fine for you, so you are quite happy with your daily living?**

**Nice.**

P22: I’m surviving.

**INTERVIEWER 1: [Laughter]**

P22: [Laughter]

**INTERVIEWER 1: I’m sure, so yes and for example, on Friday you are joining this group.**

P22: The Buddy Group, yes.

**INTERVIEWER 1: Yes, and which kinds of activities you really like? Do you prefer to cook everything?**

P22: What when we come to here?

**INTERVIEWER 1: Yes.**

P22: Well, the chatting and then when they have a Zoom on and we stand up and do a Ziggy.

**INTERVIEWER 1: Yes …?**

P22: And pretend to dance to it [laughter].

**INTERVIEWER 1: Do you like that?**

P22: Yes, oh yes.

**INTERVIEWER 1: Even on Zoom and these kinds of things, it’s …?**

P22: Pardon …?

**INTERVIEWER 1: Even when it’s online, on Zoom or these kinds of things, you like that or …?**

P22: Yes.

*P14: Yes that’s actually quite amazing, because we were … we didn’t want to stop with our Zoom that we started during lockdown, because we had like to set up the group with people that we support. It’s mainly carers of people living with dementia, like more severe dementia. So they needed that for a break or to support their everyday life during lockdown. So, when we opened the groups, we thought like, ‘We’re going to give it a try and just continue with those Zooms because they are exactly here in our working hours,’ and it just works great. Like now I think now, like as [P22] was saying, it’s okay for them to connect with us because they see more people on the screen. They still, you guys still follow whatever they’re saying. You can actually communicate well and it now, we just during the Zoom, when we’re playing word games and there’s a few people on the screen. We have a big tele, as the rest of the Body Club members are sitting in front of the tele, and we play together. So, it really works which is fantastic because we didn’t have to resign of the … our old routines and we can just … and everyone’s happy really, like, it doesn’t [s.l have to stop 00:28:34].*

*The only … the only thing that didn’t really work was when we had a Zoom, we invited people to do like Zoom, different topics, different subjects, and when the facilitator of the Zoom, it’s not one of us it’s someone that is somewhere in the house, or wherever he or she is, that didn’t really work because then our clients from here can’t really connect with that person, and I was helping with the farm sessions, so we had a lady that has her own farm and she was showing us animals and stuff. Do you remember?*

P22: No. I have a very poor memory.

*P14: So that wasn’t quite going well with them here because this time, like chatting and they weren’t very interested, because she was there she was like virtual, that. We need someone who can be exactly between them [s.l two words 00:29:27]. So, some, ideally someone who is here physically, not someone on the screen that will run, conduct this kind of session but yes, other than that, it worked great so yes, so they know a little bit of Zoom now and like how it works.*

**INTERVIEWER 1: Yes. Yes. It was at least something positive from COVID-19, so.**

*P14: Yes definitely, yes. I think it opens some kind of opportunities as well. We just, it worked with us so you can use it as a tool, the Zoom, to maybe do, have more people around or invite people and add people.*

**INTERVIEWER 1: Yes, exactly. Yes, add people. Right. Well, thanks. What else? [Laughter] Are you interested in the football, football players? Do you like football?**

P22: Well, I was mad-keen on football.

**INTERVIEWER 1: Yes.**

P22: So, (unclear 00:30:28) match was on tele so I’m all … I’m a strong City supporter. My son’s a strong United supporter [laughter].

**P14: Who was a strong United, you, or …?**

P22: Well, United growing up with my father, really, father, but my husband was a City supporter.

*P14: City. So he didn’t go well with your father? With dad, at least?*

P22: Oh, no, apart from that no, they were all right.

*P14: They were all right [laughter].*

P22: They got [s.l time out 00:30:58].

**INTERVIEWER 1: Do you like watching TV?**

P22: Oh, yes.

**INTERVIEWER 1: Yes …?**

P22: I can sit and watch TV. I don’t know what I would do without the TV.

**INTERVIEWER 1: What …? What do you like? Which kinds of programmes do you like?**

P22: I just put it on and watch whatever’s on [laughter].

**INTERVIEWER 1: Okay. Good, and so yes, you will say … I think I have finished my questions ,so I have a lot of answers there so thanks a lot –**

P22: Oh, you’re welcome.

**INTERVIEWER 1: - for your participation.**

P22: Yes.

**INTERVIEWER 1: Do …? Do you want to just add something, say something maybe you had not an opportunity to say before?**

P22: No. Not I can think of.

**INTERVIEWER 1: No about you … the fact you really like dancing and …?**

P22: Pardon …?

**INTERVIEWER 1: About the fact you really like dancing and being with other people?**

P22: Oh, I like dancing yes.

**INTERVIEWER 1: Yes.**

P22: Well, my husband, we used to ballroom dance. We went to Las Vegas dancing there.

**INTERVIEWER 1: Woah.**

P22: We danced all over.

**INTERVIEWER 1: Lovely. Yes it’s a very long way.**

P22: We went to Las Vegas every year.

**INTERVIEWER 1: Every year? Wow, so you travelled a lot?**

P22: Oh, yes.

**INTERVIEWER 1: Yes …?**

P22: Yes.

**INTERVIEWER 1: So in America, in …?**

P22: America yes.

**INTERVIEWER 1: It’s something you enjoy, travelling?**

P22: Yes.

**INTERVIEWER 1: You like that? Yes and are you still travelling – ?**

P22: We went straight across America from one side to the other in our caravan.

**INTERVIEWER 1: Nice. Right, so a big trip because it’s … America is very, very big.**

P22: Yes. Oh yes, oh yes.

**INTERVIEWER 1: Yes and are you still travelling with your family, for example, sometime in the UK or …?**

P22: No. No. No.

**INTERVIEWER 1: No not that much.**

P22: No.

**INTERVIEWER 1: But you’re not missing that?**

P22: No. Well, [laughter] I’ve got to be … do you know what (unclear 00:32:44)? [Laughter] I just exist here by day.

**INTERVIEWER 1: But yes, if you had the opportunity you will do that but yes, you’re happy with that. Great. So, thanks again, it was really nice.**

P22: Oh, you’re welcome. I hope it was useful.

**INTERVIEWER 1: Yes. It was really and it was really nice to speak with you, and yes and thanks again for sharing with me your … yes, your daily living and what you like to do. It’s very helpful and so yes, I will let you know. Sorry, I will let you join the group and yes enjoy your day now with my colleague.**

P22: Right.

*P14:* *Thank you, thanks again.*

P22: I must (over-speaking 00:33:19).

*P14: There you go.*

P22: And noodles we’ll have?

**INTERVIEWER 1: [Laughter]**

*P14: I’ll come with you, [P22]*.

P22: Right. Bye.

**INTERVIEWER 1: Bye. Have a nice day.**

P22: All right. Are we going now?

*P14: This way.*

**INTERVIEWER 1: Bye-bye.**

**[End of Recording]**