I Do Service - Co-design session 2 (Crip sheet) - 15 March 2022

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| 1. Service user journey | |
| * Here is an approximation of what the service user journey looks like. * From the previous feedback, participants told us that they would like more focus on wellbeing and positive activities. * Therefore, we suggest that the IDoService will provide a Wellbeing Mentor who meets the person early on and accompanies them through their journey. * The wellbeing mentor works with the person through the wellbeing plan supported by the IDoService toolkit to help explore skills and aspirations in a relaxed manner. * We also propose that the service should include a kind of skills fair to connect people to volunteer services. * Can you tell us about your experience of the journey through memory assessment and beyond, and how you would like it to work? (taking into account our suggestions) |  |
| 2. I Do Service skills exchange & toolkit | |
| * The wellbeing mentor works with the person through the wellbeing plan supported by the IDoService toolkit * How should the session be delivered: individually or in groups? * Should it include advice, storytelling, convivial group activities, serious games or other… to explore skills and aspirations? * The support tools can go into a goody bag to take home - What should the goody bag contain? * We also propose the service should include a kind of skills fair with volunteer services. How should it work? * Once a month come to dementia organisation? * Once a month take a bus there? * …? |  |