



**IDo**  
SERVICE

*Facilitating inclusion and empowerment of people living with dementia through access to cultural and creative activities*

## JOIN OUR SECOND CO-DESIGN WORKSHOP

### Improving access to meaningful activities through a new skills exchange service

**Date & Time:** [REDACTED]

**Venue:** [REDACTED]

**Background:** We had a first workshop in November last year about activities you like doing and skills important to you.

**Aim:** Drawing on these insights, we will work together to explore how the new service might work.

**How:** Working in small groups, we will discuss and develop ideas hands-on and creatively to see how they might work.

**Duration:** The workshop will start with a light lunch and include a break and refreshments in between the social co-design activities.

**Organiser:** [REDACTED] Manchester Metropolitan University & Age UK [REDACTED]

**Further information & consent:** At the beginning of the event, we will provide you with further information and a consent form.

More information: [www.idoservice.org](http://www.idoservice.org)



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**Manchester  
Metropolitan  
University**

## Workshop 2 Programme

**Date & Time:** [REDACTED]

**Venue:** [REDACTED]

**12 noon** Arrival and sandwich lunch

**12.30** Welcome and introduction

**Overview of the first workshop and aim of the session**

**12.50** Dementia pathway and access to activities

In small groups, we will chat about the pathway from the dementia diagnosis to support and accessing activities. We will discuss what works well and what might be improved.

**13.20** Feeding back to the whole group

**13.40** Tea break

**14.00** Giving and getting support

We will discuss how a *Skills and Interests Inventory* might be useful for supporting access to activities. We will explore its potential format, when and where it might be held.

**14.30** Feeding back to the whole group

**14.50** Reflection and feedback on the co-design workshop & introduction to the next session

