

## JOIN OUR SECOND CO-DESIGN WORKSHOP

### Improving access to meaningful activities through a new skills exchange service

**Date & Time** (one at your choice):

Thursday 24 February, 2.00 to 4.00 pm

Wednesday 2 March, 1.30 to 3.30 pm

**On Microsoft TEAMS**

**Background:** We had the first workshops in November and December last year about activities people with dementia like doing and skills important to them to develop the skills exchange service.

**Aim:** Drawing on these insights, in this workshop, we will work together to explore how the new service might work.

**How:** Working in small groups, we will discuss and develop ideas hands-on and creatively to see how they might work.

**Duration:** The workshop will take place online.

**Organiser:**  Manchester Metropolitan University.

Further information: [www.idoservice.org](http://www.idoservice.org)



## Second workshop programme

### **Welcome and introduction**

Overview of the first workshop and aim of the session

### **Dementia pathway and access to activities**

We will talk about the pathway from the dementia diagnosis to support and accessing activities. We will discuss what works well and what might be improved.

### **Delivery of the skills exchange service**

We will discuss how a *Skills and Interests Inventory* might be useful for supporting access to activities and opportunities. We will explore its potential format, when and where it might be held.

### **Reflection and feedback on the co-design workshop & introduction to the next session.**

